



Catfish and tomatoes team up

For the wise fish lover, check out three hearty recipes, including the nutritious catfish scaloppine with garlic-basil sauce prepared in a skillet **PAGE 19**

COREY'S COMEBACK FULL OF PRIDE

SINGER COREY HART'S NEW ALBUM INCLUDES
A REMAKE OF HIS OLD GAY-POSITIVE TUNE,
TRUTH WILL SET YOU FREE **PAGE 13**



OTTAWA
metro

Monday, June 4, 2012
 News worth sharing.

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ROYALS ON THE RIVER

Britain's Kate, Duchess of Cambridge, and Prince William prepare to board the royal barge to join the Queen for the Diamond Jubilee Pageant on the River Thames in London on Sunday. More than 1,000 boats sailed down the River Thames in a flotilla tribute to Queen Elizabeth II's 60 years on the throne that organizers are calling the biggest pageant on the river in 350 years. More coverage, see page 6. **JOHN STILLWELL/POOL/THE ASSOCIATED PRESS**

Magnotta reportedly spotted in Paris

Manhunt. Police are tracking suspected killer's cellphone and scouring French capital

Paris police are hot on the trail of accused killer Luka Rocco Magnotta, reportedly tracking his mobile phone.

Metro Paris reported Sunday a source close to the investigation said a witness reported seeing Magnotta at a hotel in Bagnolet, Seine-Saint-Denis. Investigators went straight to the hotel but the suspect had already left his room, Metro Paris reported.

French police found a few things, including pornographic magazines and airline sick bags. On Saturday police in France were able to track Magnotta's phone through a wireless hub in eastern Paris, Metro Paris says.

French police say they are "more than certain," Magnotta has been in Paris since Friday at the latest.

Interpol released photos of a man French police believe to be Magnotta going through a security checkpoint at Roissy airport on May 26.

Magnotta, 29, is wanted in the slaying of Chinese national Jun Lin, 33, who was a student at Montreal's Concordia University.

It was unclear whether Magnotta was still in the Paris area on Sunday, but Le Figaro reported that authorities had beefed up their presence at railway stations and airports.

Although it is impossible to verify the author, a twitter account called @lucamagnotta with a link to Magnotta's myspace account contains a single chilling tweet in French. "Je suis en cavale LOL," — I'm on the run LOL. **METRO WITH FILES FROM THE CANADIAN PRESS**

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Posthumous degree, scholarship honour cyclist's 'commitment'

Remembered.

Danielle Naçu, 33, who died last fall in a traffic collision while cycling downtown, was recognized by the University of Ottawa



STEVE COLLINS
ottawa@metronews.ca

The University of Ottawa awarded a posthumous degree Sunday to Danielle Naçu, a student and public servant who died after being hit by a car door while on her bike and falling into traffic last October.

Her family called the honorary degree "bittersweet."

"It's a great honour to be here, but it's also very emotional," said her mother, Lynn Kelly, who accepted the degree with Danielle's father, Tom Naçu, at Sunday's convocation cere-

mony. "I'd prefer if Danielle was here receiving (it), but certainly her legacy and everything she was committed to will be another aspect of moving forward today."

The university and the family have together established a scholarship in Danielle's name, which, starting in 2014, will award \$1,200 to a bilingual social sciences student with an average of at least 78, a reference to her birth year, 1978.

Her former employer, Citizenship and Immigration Canada, has also created an annual award named after Naçu, who, in addition to her full-time job and U of O studies, volunteered at the Wabano Centre and at women's shelters.

"We're disappointed she couldn't be here, but it's because of Danielle we're here," said her brother, Brent.

"It's her commitment, her passion, her work ethic and her leadership. This is really an acknowledgement of her life."



University of Ottawa chancellor Michaëlle Jean, left, greets Danielle Naçu's mother, Lynn Kelly, and father, Tom Naçu.
CONTRIBUTED/UNIVERSITY OF OTTAWA/ROBERT LACOMBE

Brain-tumour survivor runs for a cause



About 350 runners turned out for the Brain Tumour Foundation of Canada's Spring Sprint in Andrew Haydon Park Sunday. SEAN MCKIBBON/METRO

Naomi Gilker says it sounds strange, but when she saw a CT scan of her brain showing a benign tumor she was relieved.

Gilker looked fit and ready to take on well more than the five-kilometre run on offer at the Brain Tumour Foundation of Canada's Spring Sprint in Andrew Haydon Park Sunday.

"At least then I knew what was happening," said Gilker, who said that in January of 2011 she began experiencing extreme headaches, fatigue and loss of motor control in her left leg. An avid triathlete Gilker had to give up running while she waited for a

diagnosis and searched for answers.

"That's one of the worst things about the Internet. You can look up and read all the horrible things it might be," she said. In December of last year the CT scan revealed the cause. She was admitted immediately to hospital and had surgery within a week.

She said the support the Brain Tumour Foundation provides survivors and their families is critical to their recovery and well-being.

"It was good to have a place to turn to have that community of support and know that I wasn't alone, that other people were going through similar things,"

The foundation

The Brain Tumour Foundation of Canada supports education and support programs for brain-tumour patients, as well as grants for medical research.

- Foundation organizers said they hoped to raise about \$75,000 locally.

she said.

Now fully recovered, Gilker was able to take part in the fundraiser run, as well as run the half-marathon in this year's Ottawa Race Weekend.

SEAN MCKIBBON/METRO

Vélo Fest

Cycling advocate feted by city

Hans Moor, the current president of the Citizens for Safe Cycling, was given the City of Ottawa's Bruce Timmermans Award at Vélo Fest on Saturday. "Moor has been a great promoter of recreation and commuter cycling in Ottawa and has built a collaborative atmosphere and constructive dialogue amongst cycling advocates and the entire community," the city said in a news release. **METRO**

University of Ottawa

Renowned doc to head research at Heart Institute

The University of Ottawa Heart Institute has announced the appointment of Dr. Peter Liu as its new scientific director.

Liu was the inaugural director of the Heart & Stroke/Richard Lewar Centre of Excellence at the University of Toronto.

Well known for his contributions to heart failure and cardiac inflam-

mation research, Liu discovered how viruses can enter the myocardium and trigger inflammation, and how innate and acquired immunity contribute to cardiac remodelling and heart failure progression following injury.

METRO

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Serious head injuries

Elderly woman struck by vehicle

An elderly woman was hospitalized with serious head injuries Sunday after being struck by a vehicle near the intersection of Merivale Road and Capilano Drive.

Paramedics said she was conscious when they arrived, but was "clearly exhibiting signs of a serious concussion."

Ottawa Police Service is investigating the incident. **METRO**

Larose Forest

Missing mentally ill man found

Ontario Provincial Police of Russell County say a 55-year-old Limoges man who suffers from mental illness was found tired and dehydrated Sunday, a day after he was reported missing. An ATV operator was riding in Larose Forest just north of Limoges when he came across the man, police say. The man was taken to Ottawa General Hospital by ambulance with non-life-threatening injuries. **METRO**

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NEWS

On the web

Jubilee Royals floating on the Thames

In photos: More than 1,000 boats sailed down London's River Thames on Sunday in a flotilla tribute to Queen Elizabeth II's Diamond Jubilee. See the slideshow at metronews.ca.

Bear crashes school graduation

Elementary school students in California got a surprise guest at their graduation this year: A black bear. Watch the bear wander onto school property at metronews.ca.

Mobile news



Food and culture go hand-in-hand, particularly in the U.S. south. Scan the code to read about Southern food's connection to race, class, gender and identity.

Sexualized safe-driving ads crash and burn in Halifax

'Bridget' campaign.

Fictional character chastises drivers to take it easy while crossing the bridges

Some say she's a confident, crime-fighting avenger, devoted to protecting drivers in Atlantic Canada's largest city. Oh, and she does it while looking good in heels.

But others say "Bridget" — the fictional face of a sexy safe-driving ad campaign in Halifax — is an offensive stereotype that succeeds only in insulting men and degrading women.

In particular, the campaign has crashed and burned with women's rights advocates, who argue women have for too long been objectified in advertising and the media.

"We were quite surprised and disappointed with the approach," said Irene Smith, executive director of the Avalon Sexual Assault Centre in Halifax.

Halifax Harbour Bridges launched the campaign May 14 to raise awareness of speeding, tailgating and texting while driving on the two bridges that span the city's harbour.

Harbour Bridges

- Halifax Harbour Bridges is a commission of the Nova Scotia government, but receives no funding from taxpayers.
- The \$50,000 campaign was funded by bridge tolls, said communications manager Alison MacDonald.

Minor fender-benders have been known to snarl traffic and cause annoying backups for the thousands of vehicles that cross the MacDonald and MacKay bridges daily.

At the centre of the campaign's billboards and banners is Bridget, an attractive young woman with dark makeup and pursed lips.

In her innuendo-laced radio ads, Bridget talks breathlessly about her stilettos while tossing around orders and insults.

"We wanted to have a campaign that's a little humorous, tongue-in-cheek, and we also wanted the messages to come from a person and not an organization," said Halifax Harbour Bridges communications manager Alison MacDonald.

THE CANADIAN PRESS



Bridget, the fictional face of a safe-driving campaign, adorns a billboard in Halifax. The campaign was launched May 14 by Halifax Harbour Bridges to raise awareness of speeding, tailgating and texting while driving on the two bridges that span the city's harbour. ANDREW VAUGHAN/THE CANADIAN PRESS

Toronto mall shooting a targeted act: Police



Dozens of people came out for a vigil that was held Sunday night outside of the Toronto Eaton Centre. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Aftermath

- Three other people suffered less serious gunshot wounds and were released from hospital.
- A 28-year-old pregnant woman who was trampled as people rushed the exits

was recovering in hospital.

- A makeshift memorial was set up outside the mall Sunday afternoon, with several people stopping to leave messages of grief and sympathy.

The investigation into a deadly shooting rampage that set off a mass panic at Toronto's Eaton Centre focused Sunday on one man police said they believe was behind the brazen attack.

Police said little about the gunman, but confirmed their initial impressions that Saturday's shooting — which killed one and injured several others — was a targeted act.

"One idiot with a gun on a Saturday afternoon in downtown Toronto does not speak to the state of the city.... Please do not gauge the city on what we saw yesterday," acting deputy chief Jeff McGuire told a news conference Sunday.

Police said at least one of the victims had known gang ties but they had yet to determine if the shooting was gang-related.

The man who was killed, identified as Ahmed Hassan, 24, of Toronto, is believed to have gang links, said Det. Sgt. Brian Borg.

"We are investigating this person as well as another individual. It may be that both of them have gang affiliations, or it may be just the one of them, but we do believe that our de-

ceased in this case may have had some gang affiliation," Borg said.

Police did not elaborate on the suspect they are looking for, saying they did not want to influence first-hand accounts still pouring in a day after the attack.

Police were reviewing security video in their hunt for the shooter and interviewing witnesses who were among the hundreds of people in the shopping mall when the gunfire erupted Saturday evening, causing panicked shoppers to charge toward the exit in a wild pandemonium.

Seven people suffered either gunshot wounds or injuries in the stampede. The most seriously wounded is a man, 23, who suffered multiple gunshot injuries to his neck and chest. He remained in hospital in critical condition.

A 13-year-old boy who was visiting Toronto with his family suffered a gunshot wound to his head and remained in critical condition Sunday, though police said his injuries were no longer considered life-threatening.

THE CANADIAN PRESS

Military. Tories redraw defence spending plans

The Harper government is re-drafting its extensive, multi-billion shopping list of equipment for the Canadian military in an exercise many observers believe will set more sober expectations in a time of austerity.

The revision to the Canada First Defence Strategy is slated to be complete and ready for public consumption by fall, multiple sources have told The Canadian Press.

Although Defence Minister Peter MacKay describes the hallmark plan as a "living document," the reset comes at a time when the government has been hammered politically

over the F-35 stealth fighter, an issue that tarnished the fiscally responsible image that the Conservatives try to project.

Defence sources say there is a baseline expectation that the promises made in the original 2008 document will be mostly kept, but whether the government will be buying in the quantities outlined at the height of the Afghan war is another matter.

Insiders believe that a re-drafted wish list will take some of the bite out of opposition attacks and restore public confidence rattled by the F-35.

THE CANADIAN PRESS

Federal politics

Liberals prepare for leadership race

The federal Liberals may be looking for a new interim leader within a couple of weeks, as the party starts putting events in motion for the next leadership contest.

The current interim leader, Bob Rae, is widely ex-

pected to be a candidate if the Liberal party executive OKs his candidacy at a meeting to be held in about 10 days or so.

Liberal party president Mike Crawford says there are also about nine other people who are considering their chances for a leadership run — and that some of them may launch campaigns as soon as July, after the party sets the exact date and spending limits. TORSTAR NEWS SERVICE

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Queen Celebrates Diamond Jubilee on the River Thames

London. More than one million spectators line the London river in the rain to salute Queen Elizabeth II's 60 years on the throne

The River Thames became a royal highway Sunday, as Queen Elizabeth II led a motley but majestic flotilla of more than 1,000 vessels in a water-borne pageant to mark her Diamond Jubilee.

In a colourful salute to the island nation's maritime past, an armada of skiffs and sailboats, rowboats and paddle steamers joined a flower-festooned royal barge down an 11-kilometre stretch of London's river.

With a crowd of rain-soaked spectators estimated by organizers at 1.25 million, the pageant was the largest public event in four days of celebrations of the monarch's 60 years on the throne. Monday, the queen will join thousands of revellers at an outdoor concert beside Buckingham Palace, headlined by pop royalty including Paul McCartney and Elton John. With any luck, the weather will improve. Sunday

Protesters

Not everyone in Britain was celebrating. Hundreds of anti-monarchists held a riverbank protest to oppose the wave of jubilee mania — though their chants were quickly countered by renditions of "God Save the Queen" from pageant-goers.

- "People are sick and tired of being told they must celebrate 60 years of one very privileged, very remote and very uninspiring head of state," said Graham Smith of the anti-monarchist group Republic. "The hereditary system is offensive to all the democratic values this country has fought for in the past."

was dismal, with rain scuttling plans for a ceremonial fly past, but that didn't stop Union Jack-waving spectators forming a red, white and blue wave along the pageant route.

The queen travelled down a river transformed during her reign, from the commercial and industrial heart of London to a tourist's playground.

THE ASSOCIATED PRESS



Queen Elizabeth II watches a flotilla of vessels passing her barge with Kate, Duchess of Cambridge, Prince William and Prince Harry. MATT DUNHAM-POOL/THE ASSOCIATED PRESS

More than 150 killed in Nigerian plane crash



People stand on a wing of a passenger plane that crashed in Lagos, Nigeria, Sunday. JON GAMBRELL/THE ASSOCIATED PRESS

A passenger plane carrying more than 150 people crashed in Nigeria's largest city on Sunday, killing all passengers and crew aboard, an emergency official said. Several charred corpses could be seen in the rubble of a building damaged by the crash, as firefighters searched for survivors and pulled a dead body from the wreckage.

Nigeria's Civil Aviation Authority Harold Demuren said that all aboard Sunday's Dana Air flight had died. He did not say how many were on the flight.

The Lagos state government said in a statement that 153 people were on the flight going to Lagos from Abuja.

Yushau Shuaib, spokesman for the National Emergency Management Agency, said there were likely more casualties on the ground, but the number was unknown. He said they were also still trying to get an official manifest on the flight. Sometimes flights in Nigeria issue paper tickets and don't record all passengers via computer.

The plane did not appear to have nose-dived into a build-

ing, but seemed to have landed on its belly. It first crashed through a furniture shop and then into residential buildings next to the workshop in this densely packed neighbourhood.

The nose of the plane was embedded into the three-storey apartment building, damaging only one part of the structure. Fire still smouldered everywhere as several thousand people looked on. A group of men stood atop the landing gear that was smoking and took pictures with their mobile phones. THE ASSOCIATED PRESS

Earlier tragedy

The presidency said in a statement the crash, "has sadly plunged the nation into further sorrow on a day when Nigerians were already grieving the loss of innocent lives."

- On Sunday a suicide car bomber drove into a north Nigeria church's compound and detonated his explosives as worshippers left an early morning service.

Turkey

Turkish women stage mass protest

Around 3,000 female demonstrators on Sunday staged the largest protest yet against plans by Turkey's Islamic-rooted government to curb abortion, which critics say will amount to a virtual ban.

THE ASSOCIATED PRESS

Military

MacKay defends drone attacks

Canada defended the use of military drone attacks Sunday, saying technological advances have reduced the likelihood of civilian casualties.

Unmanned systems have proved their effectiveness in the decade-long war in Afghanistan and also in NATO strikes in Libya last year, Canadian Defence Minister Peter MacKay said.

"The use of drones has been referenced a number of times, and it all depends on the accuracy of the system," MacKay told an Asian security summit. "These eyes-on systems ... have increased our ability to decrease civilian casualties."

THE ASSOCIATED PRESS

Egypt

Mubarak verdict to be appealed

Egypt's top prosecutor is appealing the verdicts in the trial of Egypt's ousted president and others to acquit Hosni Mubarak and his two sons on corruption charges and clear senior police officers.

THE ASSOCIATED PRESS

Doomsday cult

Tokyo gas attack fugitive arrested

One of the two remaining fugitive members of the doomsday cult behind the 1995 nerve gas attack on Tokyo subways was arrested Sunday, Japanese media reports said.

Former senior Aum Shinrikyo cult member

Naoko Kikuchi, 40, had been spotted in Sagami-hara city, 30 kilometres southwest of Tokyo, and acknowledged who she was when approached by police, according to NHK TV and other media reports, citing investigative sources. She was wanted on charges of murder in the 1995 attack.

Police declined to confirm the reports.

THE ASSOCIATED PRESS



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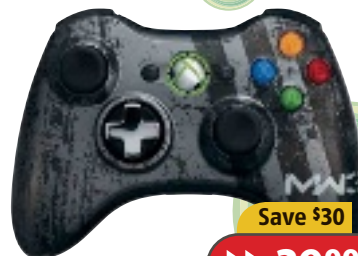
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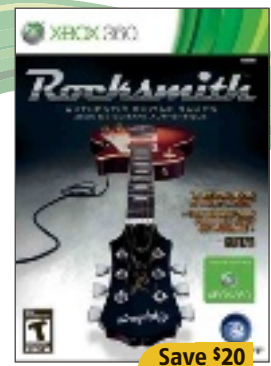
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Interest rate hike? Experts think not

Economic outlook.

Friday's report on Canadian GDP showed a 1.9 per cent growth, well below the central bank's April call for a 2.5 per cent advance

Is the next move for Mark Carney to cut interest rates?

The question would have seemed unthinkable a few weeks ago given that the Bank of Canada governor's last pronouncement on the subject was to issue a wink and a nudge about coming hikes.

The signal-sending language — "some modest withdrawal of the present considerable monetary policy surplus may be appropriate" — contained in the April interest-setting statement sent markets into speculation hyper-drive that rates could be heading north as early as the summer. Tuesday's upcoming announcement was never in play and isn't in play now.

Economists are as unani-

mous as can be that Carney will keep the policy rate moored at one per cent a little while longer. But now the speculation has turned full circle about the nature of the next move, whenever it comes.

"The state of the world is increasingly making clear that a rate hike at this point would be premature," said Avery Shenfeld, chief economist with CIBC World Markets.

The revived crisis in Greece, the growing banking crisis in Spain, unresolved debt problems in Italy and Portugal, had already lengthened the odds on Carney moving this fall, and likely made him regret his April assessment that Europe's crisis had moved from "the acute to the chronic."

But if there was any doubt remaining, Friday's onslaught of weak and very weak data from Canada, the United States, China and Brazil, following a bad output number out of India Thursday, removed it.

Friday's report on Canadian gross domestic product did not show the economy

Economy

Carney's previous signal on interests rates was predicated on the assumption that Canada's growth rate would smoothly expand at about 2.5 per cent throughout 2012, enabling the economy to return to full capacity in the first half of 2013.

tanking in the first quarter, but at 1.9 per cent growth it was well below the central bank's April call for a 2.5 per cent advance. It now looks unlikely the bank's equally optimistic 2.5 per cent for the second quarter will come to fruition either.

And given the Canadian export sector's reliance on flush U.S. consumers, the miserly gain of 69,000 jobs reported south of the border for May was even a worse signal that the next few months will yield at best crawl-speed momentum. China and Brazil also reported soft economic data.

THE CANADIAN PRESS



Walmart draws stars

Robson Walton, left, chairman of the board of directors of Walmart and son of the late Walmart founder Sam Walton, greets actor Justin Timberlake during the Walmart shareholders' meeting held in the basketball arena at the University of Arkansas Friday. Timberlake hosted the event, arriving in a hula skirt to symbolize a story told about the founder dancing a hula on Wall Street after losing a bet. During the meeting, CEO Mike Duke told the crowd that the retailer is committed to integrity in the wake of recent bribery allegations in Mexico. APRIL L. BROWN/THE ASSOCIATED PRESS

Charity

Buffett hopes lunch auction raises big bucks



Warren Buffett THE ASSOCIATED PRESS

It's true that Warren Buffett hired the hedge fund manager who won the last two private lunches with him that are part of an annual auction, but he doesn't expect the event to become a recruiting tool for Berkshire Hathaway.

Rather, Buffett says it's miraculous that he found one of Berkshire's two new investment managers through the lunch. He offered Ted Weschler a job after he'd paid nearly \$5.3 million over two years to dine with Buffett.

Buffett said he just hopes the 13th annual online auction will again raise a significant amount of money for the Glide Foundation, which provides social services to the poor and homeless in San Francisco. THE ASSOCIATED PRESS

Automotive cutbacks

GM closing an Oshawa plant

General Motors is going ahead with plans to close its consolidated plant in Oshawa in what its union calls a "disgusting" move. The closure, the union says, will eliminate 2,000 jobs directly and more indirectly.

The plant, which produces the Chevrolet models, was originally scheduled to close 2008. THE CANADIAN PRESS

Border. Higher duty-free limits expected to save shoppers, cost businesses

Canadian bargain hunters and communities within easy reach of the U.S. border are beginning a new chapter in their relationship with U.S. retailers with new rules on duty-free shopping.

Cross-border shoppers who could only declare \$50 of purchased goods after an overnight trip are now able to bring \$200 back home.

For people on a jaunt of between two and seven days, the limit has doubled to \$800 from

\$400 while the limit for visits of more than a week increases to \$800 from \$750. Travel for less than 24 hours still has no personal exemptions.

Stephen Fine, founder of online shopping resource cross-bordershopping.ca, said shoppers had begun mobilizing to pressure the government into changing the personal exemption rules, adding the 24-hour duty free limit was a frequent

THE CANADIAN PRESS

Trade. Premiers demand compensation if Ottawa concedes to EU demands

The provincial premiers have undertaken a letter-writing campaign to demand compensation from the federal government for any increase in drug costs that might come of a free trade agreement with Europe.

B.C. Premier Christy Clark says she and other premiers have each written to Ottawa urging federal negotiators not to agree to anything that would drive up the cost of pharmaceuticals.

Among the European Union's demands are an extension of brand-name patents for

Quoted

"The premiers are all concerned about the impact that it could have on pharmaceutical drugs and the cost of pharmaceutical drugs."

B.C. Premier Christy Clark

up to five years to compensate companies for time tied up in bureaucratic approvals.

They also want to extend the

time that a brand-name company's recipe for a drug would remain secret from companies trying to make knock-offs.

And while Ottawa has not yet formally agreed to any of the demands, it has not ruled anything out either — leaving many provincial and federal insiders, as well as trade experts, to suspect the federal government will bend to at least part of the EU ask. Behind the scenes and in public, several provinces are ramping up their campaign to fend off European demands.

THE CANADIAN PRESS

RIM had identity crisis at peak: Adviser

A brand strategy adviser hired by Research In Motion at the peak of the company's success says the BlackBerry maker was locked in an identity crisis that left it struggling to map out its future.

Matthew Kelly, managing director at Toronto-based firm Level5, said in a recent interview that RIM was preparing to wage a battle against Apple's iPhone device, an effort that seemed to be distracting the company from other market challenges.

"I didn't get the sense they were taking Android as (seriously) as they needed to," he said, who was previously

chief marketing officer at Yum Brands Inc., owner of the Pizza Hut, Taco Bell and KFC chains.

RIM shares took a beating this week after the Waterloo, Ont.-based company announced Tuesday it hired two outside firms to advise on its troubled business and financial performance. The company also projected an operating loss in the current quarter and warned it will cut staff throughout the year.

Kelly said when he entered the picture, the company was already showing signs that it was losing its lustre. The BlackBerry name had been

so powerful that devotees nicknamed their phones "Crackberrys" but by then, even some loyalists were debating whether they'd switch devices.

RIM was trying to hold on to its reputation, which Kelly conceded was "stodgy, conservative and old-fashioned," all while making a second effort to take steam out of the iPhone, which had been gaining sales momentum in recent quarters.

Meanwhile, analysts were criticizing RIM for its lack of new products on the market or any that were particularly innovative. THE CANADIAN PRESS

Tumbling shares

Kelly was part of a team brought on by RIM executives in late 2009 to help the company manage its brand reputation with enterprise customers and government organizations.

- When he came on board, shares of RIM had already tumbled 50 per cent from their highs of \$148 in 2008, and since then have dropped even further to close at \$10.68 Friday.

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COUCH POTATO KIDS JUST FOLLOWING GROWN-UPS' LEAD



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Even as census data released last week confirms that Canadians as a whole are grayer than ever before, with more than a fifth of the population expected to be 65 or older in 20 years, another study suggests that when we pass the torch to the younger generation, they might be too out of shape to run with it.

The 2012 Active Healthy Kids Canada Report Card on Physical Activity for Children issues us an 'F' overall for the ratio of time kids spend on their keisters in front of TV and computer screens, to the amount spent playing outside.

This dismal mark is our sixth failure in as many years, and the report card's lead author, Dr. Joel Barnes of CHEO's Healthy Active Living Research Group, admits that seeing no sign of improvement year after year can be a bit disheartening.

"We have a similar message each year and it doesn't really seem like things are changing that much," he said. "The one thing we recognize is that this is a population-level problem and so there isn't going to be an easy fix and it's not going to happen in a short period of time."

This year's report includes new data from Statistics Canada, which shows that a little under half of Canadian kids are getting three hours or less a week of active play, weekends included. Only seven per cent are getting the recommended dose of an hour a day.

"That kind of surprised me," Barnes said. "It seems pretty low. The screen-time stat as well that was just released this year showed that kids are getting an average of seven hours and 48 minutes a day of screen time. That just blows me away."

Still, the report found bright spots, assigning an A- for the availability of public facilities and programs, with 93 per cent of parents reporting parks and playgrounds in their neighbourhood, though low-income households scored worse, as they did in organized sport participation.

In general, though, there's no shortage of suitable places to play, and kids themselves seem game to use them. In one prominently featured stat, 92 per cent of children surveyed said they'd rather be playing with friends than watching TV.

The survey question may offer a bit of a false choice, since some of these kids would no doubt rather spend hours playing video games with their friends instead of watching TV, but some clearly want to be more active than they are. What's stopping them?

"Over-protective parenting, plus the lure of ever-present technology," opines the report, "is driving kids into highly controlled environments, where they have little opportunity to let loose, run around, build, explore and interact with peers on their own terms."

Ironically, parents, in trying to keep their kids safe from traffic or crime, may be setting them up for a greater risk of obesity and the rest of the health problems that sedentary living is so effective at incubating.

Dr. Barnes also notes that young people seem to have less unscheduled free time than even he did as a kid.

"I'm in my early 30s and even though I consider myself still young, my experience from the 80s and 90s, I feel, like it was different from kids today," he said. "I remember spending most of my days outside climbing trees or playing a pickup game of baseball behind the house or something with my brothers."

The most powerful barrier between children and active play, however, may be in the powerfully slack example we're setting for them. Only 15 per cent of adults themselves get the recommended 150 minutes of physical activity in a week, and only 38 per cent of parents said they had often played active games with their kids.

Free tip, then, for maximum effectiveness when you berate the next nine-year-old you see over his generation's shameful, electronics-addicted laziness: Make sure you get off the couch first.

Heigh-ho heigh-ho, it's off to camp they go



CARLY MCDUGGALD/CONTRIBUTED

Carrying it for the kids

City portage helps less fortunate

TORONTO. One hundred camp enthusiasts strapped canoes to their backs and embarked on a gruelling 40-kilometre paddle and portage over the weekend for the fifth annual Canoe Heads for Kids event, which raised \$60,000 to send kids from low-income families to summer camps through Amici Camping Charity.

METRO



Portagers on the trek. CONTRIBUTED

Paddling for dollars

- The money raised in the event will send 60 children to camp for two weeks.
- Once Amici sponsors a child, it will continue to send that child to camp for two weeks every year, as long as the financial need is still there.
- Combined with its other fundraising initiatives, Amici will send 150 children to camp for two weeks in 2012.

'Granny Awards' not all parody — Grade 1s make a connection with elders

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

The Grammy Awards are so last season. Instead, the "Granny Awards" are all the

rage this spring.

Students at Divine Infant Catholic School in Orleans put on a stellar performance in a play that spoofed the popular award show and honoured the fictional retirement of fairy tale grannies. But it's not all parody and performance. Students in the language and Grade 1 classes partnered with The Promenade, a local retirement community to read,

play games and even lead yoga classes for the residents on weekly visits, honouring grannies and granddads alike. The mini-yogis take their jobs very seriously, says principal Patricia Morden-Lahey of the program she calls mutually beneficial. Some residents are retired teachers, who are "in their glory" helping students learn to read, Morden-Lahey adds, while students "develop

a relationship with seniors, and get a cross-generational experience otherwise inaccessible to some." Now that's rewarding.

CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we'll share them right here.

Corey Hart's comeback a point of 'pride' for singer

Remix. Sunglasses at Night singer gets inspired to remake Truth Will Set You Free and bring its gay-positive message to the forefront

When Corey Hart included Truth Will Set You Free on his 1988 album Young Man Running, few among his legions of fans likely realized that the song was intended as a gay-positive anthem of affirmation for anyone struggling with his or her sexuality.

For one thing, the Montreal-born pop star wanted it that way. He was intentionally cryptic in the lyrics of the soaring tune, couching the true meaning of its be-yourself-at-all-costs mantra in subtext. The reason for the secrecy? Hart wanted to protect the close friend who had inspired the song, someone whose sexuality was a source of self-doubt and pain.

Now, Hart is issuing a dance floor-friendly remix of the tune, one which swaps the contemplative soft-rock of the original for an icy club groove and pulls those themes that coursed under the original's surface to the fore with new lyrics inspired, in part, by the 1998 murder of gay university student Matthew Shepard.

And to make positively sure those newly prominent themes resonate, Hart — who willingly receded from the musical spotlight to raise his children — will mark his first Canadian performance in a decade during Toronto's Pride festival.

"The gay aspect of this song was an important message that I wanted to send out there, especially being a straight man — I thought it was important to say this," he added. "It was important for me to be at a gay pride event and to go out there and sing the song, and spread the message of the song."

But it certainly wasn't a typ-

If you go...

- **The performance.** Hart's Toronto show will take place June 30 — a free, open-air festival gig with the capacity to squeeze in 3,000 fans.

ical journey to get to this point.

The idea to re-record his 24-year-old song began with an unsolicited email request from a DJ whom Hart had never heard of. Since launching an official website last year, Hart receives dozens of pitches each week from people who want to remix or sample his tunes, and he almost always says no.

This request was different. For one thing, 1Love — whose real name is Paul Todd — wasn't writing in regard to either Sunglasses at Night or Never Surrender. Hart was intrigued, but it wasn't until he got to know Todd that he became persuaded to revisit the track.

Todd wasn't a "successful Donald Trump-type" running some big production company, as Hart puts it, but a music lover from Kingston, Ont., who was driving a cab at night to support his four kids.

Even though Hart was initially a "little put off" with Todd's first attempt at tackling a new version of the song, their personalities clicked.

By then, Hart had made up his mind to issue his first single in 12 years. "I became attached to wanting the song to come out, wanting the song to be heard — and also wanting to help him."

Hart felt that Todd's early remix didn't have enough musicality to it, so he sent it to musician friends in Toronto and Montreal who added textures until the gleaming song found its pulse. Perhaps more important to Hart was the opportunity to re-record his vocals with new lyrics.

"I felt (it was) necessary to take the song much further than I had in 1988," Hart said.

THE CANADIAN PRESS



Canadian singer-songwriter Corey Hart poses with his protégé Marie-Christine as she promotes her album in Toronto last month. Hart is planning his first performance in a decade. CHRIS YOUNG/THE CANADIAN PRESS

End of an era. Andy Samberg follows Kristen Wiig and wraps his run on SNL

Andy Samberg has wrapped his seven-season run on Saturday Night Live, a spokeswoman for the actor-comedian said Friday.

Samberg won't return as a cast member next season, according to his publicist, Carrie Bialick. Samberg's exit follows that of SNL cast mem-

ber Kristen Wiig.

Like other Saturday Night Live alumni, Samberg will be seen on the big screen. His new movie with Adam Sandler, That's My Boy, is out this month.

Samberg's SNL highlights reel would feature his satiric rap videos in-

cluding Lazy Sunday and a memorable one with Justin Timberlake about an X-rated gift in a box.

Wiig, Samberg and Jason Sudeikis, all of whom became cast members in the 2005-06 season, have been rumoured to be leaving.

THE ASSOCIATED PRESS

2

SCENE

Box office

Snow White is the fairest of them all

Snow White & the Huntsman triumphed at the weekend box office. According to studio estimates Sunday, Universal Pictures' action yarn inspired by the fairy-tale princess debuted strongly at No. 1 with \$56.3 million domestically.

That's about \$20 million higher than industry expectations. Snow White bumped Sony's Men in Black 3 from the top spot and into second place with \$29.3 million.

The Will Smith-Tommy Lee Jones sequel raised its total to \$112.3 million after two weekends. Disney's superhero sensation The Avengers remained strong at No. 3 with \$20.3 million, lifting its domestic total to \$552.7 million.

The Avengers climbed past The Dark Knight at \$533.3 million to become No. 3 all-time on the domestic revenue chart, behind Avatar at \$760.5 million and Titanic at \$658.5 million.

THE ASSOCIATED PRESS

On the web



Chefs and restaurateurs: What's on the playlist almost as important as what's on the menu



Andy Samberg. THE ASSOCIATED PRESS



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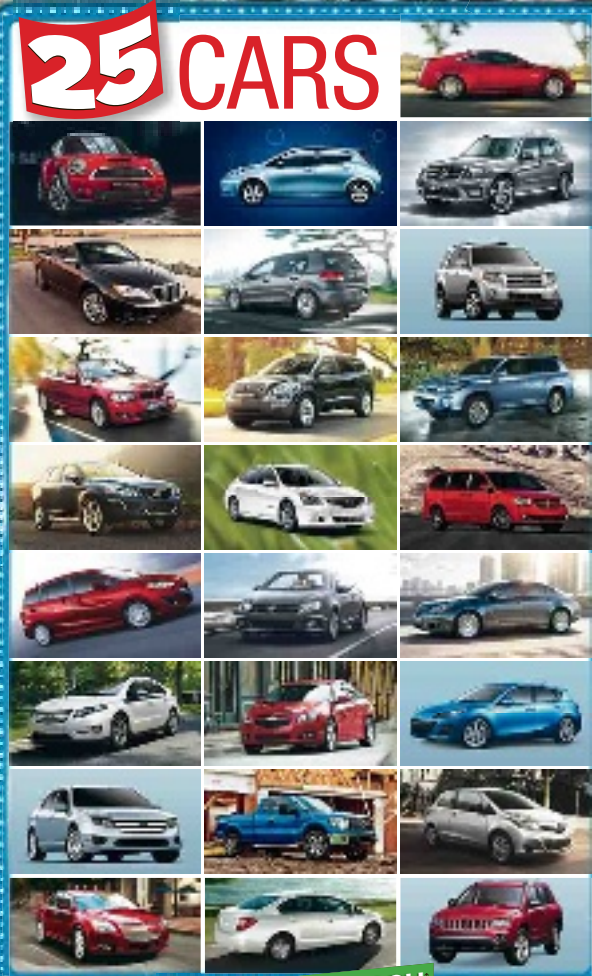


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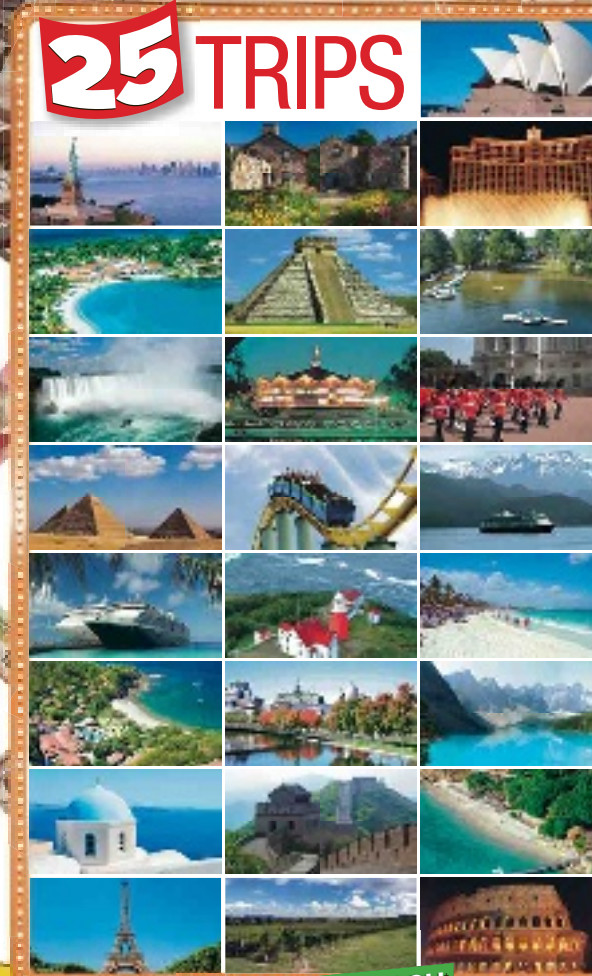


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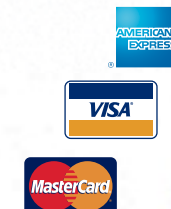
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published in the Toronto Star on July 23, 2012. A complete list of winners will be available on our web site and at local Heart and Stroke Foundation offices. **Heart&Stroke Ultimate 25's Lottery and Heart & Stroke Foundation of Ontario are trademarks of the Heart and Stroke Foundation of Canada. © Bank of Canada - bank note images used and altered with permission. Lottery Licence #: 4621

William Shatner's weird world

Where no man has gone before. The 81-year-old icon gears up for another season of *Weird or What?*

From hosting the Junos in Ottawa to a multi-city U.S. tour of his Broadway show, William Shatner has been a man on the move for much of 2012 with a red-hot career that leaves little time for respite.

The week ahead is no exception as the Canadian pop culture icon prepares to head to Johannesburg for work with plans to eke out a few days for a photographic safari in the interior.

"I'm really excited by that. What I'm not excited about is a 22-hour airplane ride," the affable actor said candidly from his home in Los Angeles.

Despite his stacked schedule, the tireless 81-year-old

continues to have a hands-on role with William Shatner's *Weird or What?* which is back for a third season beginning today at 10 p.m. ET on History Television. Shatner is host and executive producer of the series which explores true-life tales of the unknown and unexplainable, and features first-person accounts, expert commentary and reconstructions of the mysterious events in question.

In addition to narrating *Weird or What?* and delivering tongue-in-cheek quips onscreen, Shatner said he's active behind the scenes, consulting on stories and looking at scripts.

"It's more than just a couple of weeks of working on the show as the wrap-around. I'm intimately involved in the show, so there's no telling how much time that takes," he said.

Tonight's spine-tingling episode chronicles real-life accounts of human encounters



William Shatner's back for another round of *Weird or What?* MATT SAYLES/THE CANADIAN PRESS

with beastly creatures, including a New Jersey mother and son seeing the fabled Jersey Devil.

The "massively interesting" stories featured on *Weird or What?* all pique the interest of the inquisitive Shatner. Even as he peruses scripts, Shatner said he tries to seek out his own explanations for unusual happenings. He's also fascinated by the notions of multiple

and alternate universes and the bending of time.

"Since we know nothing and everything is mysterious, the explanations for mysterious events assume an even more unknown quantity," said Shatner. "So we try to explain scientifically what may have happened in a mysterious event, but we can't be sure that that is the explanation."

THE CANADIAN PRESS

Shatner's Canuck side

Pining for poutine

William Shatner, a Montreal native, admits he hankers for poutine while away from his hometown, and said he'd relish the chance

to take on more work in Canada.

"I love to work in Canada. It's beautiful, and the people are great and the crews have become wonderful," he said.

"I hope to work in Canada a lot."

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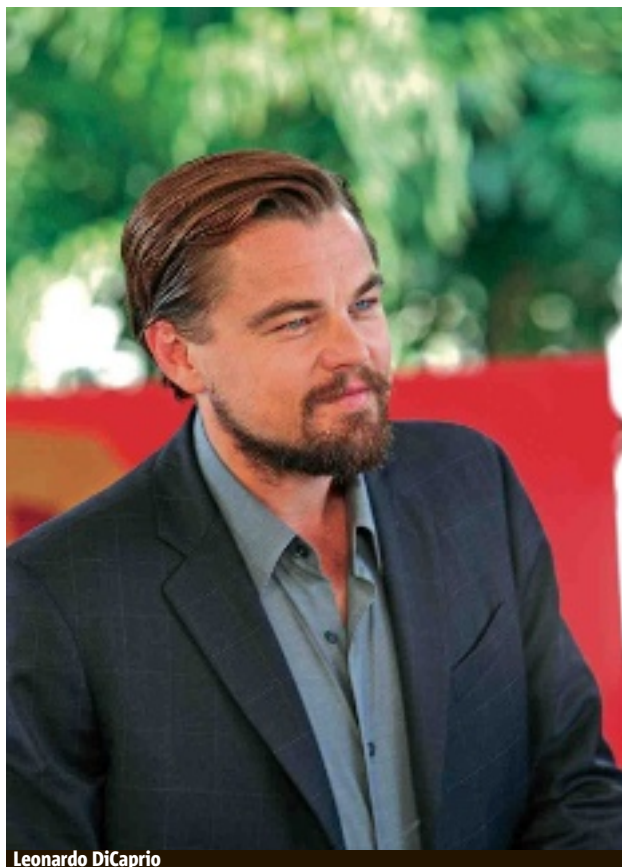
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Leonardo DiCaprio

Leo DiCaprio better off without Baywatch: Hasselhoff

Baywatch may have been a huge success for David Hasselhoff, but he thinks at least one movie star is better off for not getting a part on the series. Leonardo DiCaprio auditioned for the role of Hasselhoff's son — a part that eventually went to Jeremy Jackson — according to Movieline.

"You know what, it was the best thing to happen to Leonardo DiCaprio," Hasselhoff says. "I saw Leonardo DiCaprio and I said, 'You know what, that was the best thing

Quoted

"It was the best thing to happen to Leonardo DiCaprio"

David Hasselhoff
On Leonardo DiCaprio not getting a role on Baywatch

that ever happened to you! You would have never gotten Titanic and have been this big star. You'd be like Jeremy Jackson and David Hasselhoff, looking for work."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

We're finally worried about Charlie Sheen

THE WORD

Monica Weymouth
scene@metronews.ca

Brooke Mueller has landed herself back in rehab, but the situation might not be as bad as it seems.

Despite a history of drug abuse and saying "I do" to Charlie Sheen, the sometimes-actress' lawyers say the stay is a perfectly routine "pre-planned event," and that reports of a crack-cocaine binge with her ex-husband are entirely false.

For his part, Sheen doesn't know who he agrees with just yet — but that doesn't mean he won't attempt to talk about it.

Here's his statement on the matter to TMZ: "I can't speak to anyone's opinion or judgement. I was there, they were not, their tepid hearsay is a baseless static drone."

"A mantra, their theme. I refuse to be held hostage by their 'constitutional' privilege, to judge those who can and who do nabobs. CS"

It took a while, but we are finally confused by the choices of Charlie Sheen. This man is a professional Drunk-est Guy Last Night, and yet this is the statement he releases?



Charlie, this is familiar territory: sleep in, take a shower, throw on a little bronzer and surface in gym clothes with a leafy bag from Whole Foods. This showing-up-to-breakfast-in-sunglasses stuff is for amateurs.

Has he learned nothing?

When asked who will play him in the inevitable biopic, Bill Clinton generously settled on George Clooney during an interview on Piers Morgan Tonight.

Now, as for Hillary? He'd like to cast Meryl Streep.

We think this was a compliment, but Bill, trust us: assuming you're still around for a next time, the answer you are looking for here is "Angelina Jolie, Charlize Theron or a young Heidi Klum."



Justin Bieber

Justin Bieber takes a backstage tumble

Justin Bieber is recovering from a possible concussion and a bruised ego after walking into a glass wall backstage at a Paris concert, according to TMZ. The singer returned to the stage to finish his set, but he reportedly lost consciousness briefly backstage after the show. Local doctors diagnosed him with a concussion. Bieber is taking it well, though,

posting on Twitter, "Just smacked my head and needed some water. All good. I'm Canadian. We are tough." This isn't the first time Bieber has been fooled by the translucent nature of glass walls and doors. Online video clips show him walking into the glass partition of a revolving door in 2010 and a glass wall at a radio station office later that year.

Amy Winehouse's property up for sale

Amy Winehouse's family is taking another step in moving on after their daughter's death 10 months ago, putting the singer's London home up for sale, according to Reuters. "The Winehouse's have decided to put the house on the market, with great regret," a family spokesperson says. "Amy

loved that house, but none of the family felt it appropriate that they should live in it and it was not practical to keep it empty while paying the costs of its upkeep." The home, which was previously intended to be the headquarters for the Amy Winehouse Foundation, is being offered for \$4.2 million.

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3

LIFE

Health

Caesarean births linked to child obesity

New research published in the Archives of Disease in Childhood claims that C-sections may double the risk of childhood obesity. Big news, considering that around one in three babies are born this way in Canada.

The study followed 1,255 mothers and babies between 1999 and 2002. The babies were weighed at birth, six months and age three. Around one in four were C-sections, and those babies tended to weigh more than those from vaginal births. According to researchers, there is the "difference in the composition of gut bacteria acquired at birth between the two delivery methods." Apparently babies born by C-section have more Firmicutes bacteria and fewer Bacteroides bacteria in their guts. (Obese people have higher levels of Firmicutes bacteria.) It is believed that gut bacteria influences insulin resistance, inflammation and fat deposits.

Another good reason to avoid elective, non-emergency Caesarean births.

JULIE GREEN

YUMMYMUMMYCLUB.CA

On the Web



Global cancer cases to rise 75 per cent by 2030 as developing countries adopt bad habits from West

Budgeting

Got a big family? Here's how to save time and money

Have a daughter? Don't cut her bangs. Once you start cutting bangs, you're a slave to trimming them.

Don't buy bikes with white wheels. If you get your princess a pink bike with white wheels, little brother may be reluctant to take it on when sister

outgrows it. Sacrifice glitter and ribbons for a good hand-me-down situation.

Have your babies close in age. This year, I had three kids on the SAME hockey team. This means only one rink at one time.

Don't cheap out on big-ticket items. If you buy your first kid a cheap bike, it's not going to get through the rest of your clan. You're better off buying top-quality baby products and sports equipment. JULIE COLE/YUMMYMUMMYCLUB.CA



Having lots of kids means lots of opportunities to save. ISTOCK IMAGES

Arts & crafts

Father's Day gift: The 52 Reasons I Love You Jar

Looking for the perfect Father's Day gift? The 52 Reasons I Love You Jar is a great idea! This is a three-ingredient activity that kids can make as a gift for Dad — that keeps giving.

Grab a jar, paper and crayons. Have your child write out 52 hand-written

notes using the prompt "I love you because ..." (I love you because you take me to soccer, I love you because you tell fart jokes, I love you because you read to me ...)

Drop them into the jar. Dad can choose one note each week for the next year. This activity gives kids an opportunity to think about why Dad is special. It's a great way for kids to practice handwriting and brainstorming. And it's free! CAROLINE FERNANDEZ/YUMMYMUMMYCLUB.CA

When yes is better than no

First response. Saying no comes naturally when children ask for anything outside of the master plan, but it can stifle development

JENNIFER KOLARI

yummymummyclub.ca

"Mommy, let's have a picnic lunch under the dining room table.

"Why would we do that when we have a table?" I said without even looking up from my emails and piled-up paperwork.

"Why not?" asked my daughter.

I tore myself away from the screen to look at her. She was flushed with excitement. Even the ends of her hair seemed to be electrified as she bounced from foot to foot, imploring me with her cockeyed smile.

"Sure, let's do it!" I said.

She was surprised by my answer. We ate, played games and giggled, and I was a much happier woman than I would have been had I remained hunched over my computer.

"Thank you," I said to my daughter.

"For what, Mommy?"

"For taking me on a picnic," I said. "Well, you should thank yourself, too. You're the one who said yes."

Parents usually go to "no" as a first response when their children ask for anything outside the master plan.

"No, I don't want you to build a cushion fort in the living room right now; it makes a huge mess."

I've done it. But if a child wants to build a fort or engage in any other activity that promises a transient mess, why not let him or her?

Your little one has an idea and exploring ideas is such an integral ingredient of our kids' development. How else are they going to figure out what works or how to solve their own problems?

Saying "no" comes naturally because we think doing so is without consequences. We're wrong. Not only do we limit our children's personal possibilities, we also compromise many opportunities to bond with them and to show them a different side of ourselves.

So, next time, consider going straight to "yes." I guarantee the experience will be as satisfying and memorable for you as if you had planned the whole thing yourself.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD



Exploring ideas is an integral part of our kids' development. ISTOCK IMAGES



Bear, Tupac and Chardonnay are just a few of the wackiest baby names from last year. ISTOCK IMAGES

Weird baby names get even weirder

The folks at Nameberry compiled the hundred wackiest monikers from the last year.

We're talking weird — from the future troublemakers Capone and Juvenal, to Mother Nature's son, Cougar, Fox and Bear. Not to mention the badasses, Tank and Notorious, Marvellous, Famous and Tupac.

For cultural trends, it's Mad Men all the way, with six Draper kids released into the world. Homage to the late Dirty Dancer, Swayze. And Elvis is back (if he ever went

away), as are the corresponding names Graceland, Presley and Memphis.

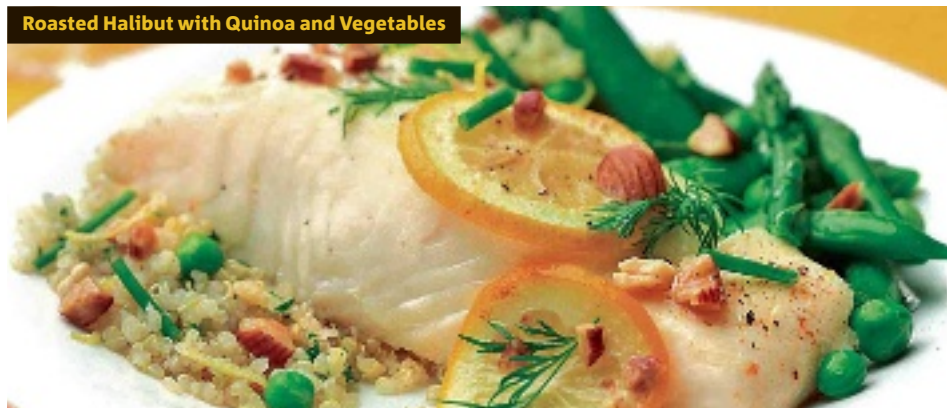
The Royal wedding appears to have left its mark, as the absurdly conjoined Princewilliam, Princemichael and Sircharles will attest.

While the calendar has historically provided baby name inspiration (April, June), it saw some new twists, including Tomorrow, Evening and Future.

Oh, and intoxicants featured, too: Tequila, Chardonnay and (I kid you not) Abeer. JULIE GREEN/YUMMYMUMMYCLUB.CA

Hearty halibut is a perfect match for spring veggies

Roasted Halibut with Quinoa and Vegetables



This recipe serves six. NEWS CANADA

1. Place quinoa in a rice cooker with 750 ml (3 cups) of water. Cook until tender and fluff with a fork.

2. Meanwhile, bring a large pot of salted water to a boil and prepare a bowl with ice water. Blanch asparagus, snap peas and sweet peas by placing them into the boiling water for about 1 minute for each batch. Strain and remove to ice water for another minute to stop the cooking.

Drain and set aside.

3. Remove quinoa from rice cooker, place in a large bowl and mix with oil, chives, tarragon and lemon rind. Season with salt and pepper.

4. Season halibut with salt and pepper and place on a parchment-lined baking sheet. Place a sprig of dill on each piece of fish; layer each with 3 to 4 lemon slices and top with 5 ml (1 tsp) of the

butter. Splash with white wine and bake, uncovered, in centre of 190 C (375 F) oven for about 7 minutes.

5. Brown remaining butter in a pan over medium-high heat. Add lemon juice and blanched vegetables and toss quickly. Season to taste and add toasted almonds to vegetables. To serve, arrange quinoa and fish on a plate and spoon vegetables around and over the fish.

Ingredients

- 500 ml (2 cups) yellow quinoa, rinsed
- 500 g (1 lb) asparagus, stalks cut into 6 pieces on bias
- 1 l (4 cups) sugar snap peas, each cut into 4 pieces on bias
- 500 ml (2 cups) shelled green sweet peas
- 90 ml (1/3 cup) olive oil
- 30 ml (2 tbsp) finely chopped fresh chives
- 30 ml (2 tbsp) finely chopped fresh tarragon
- 2 ml (1/2 tsp) grated lemon rind
- Salt and pepper
- 6 halibut fillets (each 150 g/5 oz)
- 2 sprigs fresh dill
- 2 lemons, thinly sliced
- 125 ml (1/2 cup) unsalted butter
- 50 ml (1/4 cup) white wine
- 30 ml (2 tbsp) lemon juice
- 250 ml (1 cup) toasted crushed whole almonds

NEWS CANADA/ADAPTED BY EMILY RICHARDS, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

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Cold Stone Creamery Blueberry Pineapple Smoothie

360 calories/ 78 g carbs

Blueberries are one of the lowest-calorie fruits, which makes for a more controlled beverage. Consider the smaller "like it" size.



Equivalent

This is equivalent to almost four butter croissants from Starbucks in carbs.

Provençal Poached Salmon. Dinner is a snap with this skillet recipe



1. In 12-inch (30-cm) non-stick skillet, heat oil over medium heat. Sauté mushrooms and onions for 3 to 5 minutes or until starting to brown.

2. Add wine, tomatoes, salt, pepper and 1/2 tsp (2 ml) herbes de Provence; bring to boil. Arrange salmon in single layer on top; sprinkle remaining 1 tsp (5 ml) herbes de Provence evenly on salmon.

3. Reduce heat to low, cover and simmer for 10 minutes or until fish flakes with a fork.

4. Spoon mashed potatoes onto dinner plates; flattening slightly. Top with salmon and spoon mushroom sauce over top. Sprinkle with parsley. NEWS CANADA/ADAPTED BY EMILY RICHARDS, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients

- 1 tbsp (15 ml) olive oil
- 12 oz (375 g) mixed mushrooms (crimini, white, shiitake), thickly sliced
- 1/2 cup (125 ml) chopped onion
- 1/2 cup (125 ml) dry white wine or chicken broth
- 2 medium tomatoes, chopped
- 1/4 tsp each (1 ml) salt and freshly ground black pepper
- 1 1/2 tsp (7 ml) herbes de Provence
- 4 salmon fillets (5 oz/150 g each)
- 2 cups (500 ml) mashed potatoes
- Chopped parsley or pea sprouts (optional)

Catfish scaloppine teams with tomatoes for nutritious entrée

Catfish Scaloppine with Garlic Basil Sauce



This recipe makes two servings. NEWS CANADA

1. Place tomato slices on an ovenproof platter. Sprinkle with salt and pepper; drizzle with vinegar and set aside.

2. Place flour into a shallow dish. In a second shallow dish, whisk eggs with water. Place bread crumbs in a third shallow dish. Dip each catfish fillet into flour, shaking off excess. Dip into egg mixture

followed by bread crumbs, pressing to coat well; place fillets onto plate.

3. In a large skillet, heat oil over medium-high heat. Cook fillets for about 5 minutes per side, until deep golden brown and fish flakes easily when tested with a fork. Place fish fillets onto tomatoes and place platter in the centre of a 160 C (325

F) oven to keep warm.

4. Garlic Basil Sauce: Wipe out any excess oil from skillet and add butter. Return to medium heat and let butter melt and brown slightly. Immediately add garlic and basil leaves and swirl them in the pan or stir continuously to prevent from burning. As garlic softens and basil become

crisp, add lemon juice and continue to stir ingredients together until well combined.

5. Remove pan from heat. Remove catfish and tomato platter from oven. Pour sauce over fish and serve.

NEWS CANADA/ADAPTED BY EMILY RICHARDS, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients

- 1 large tomato, cut into 4 slices
- Salt and freshly ground black pepper
- 15 ml (1 tbsp) red wine vinegar
- 125 ml (1/2 cup) all-purpose flour
- 2 eggs beaten with 15 ml (1 tbsp) water
- 250 ml (1 cup) panko crumbs
- 2 catfish fillets (each 175 g/6 oz), pounded lightly into scaloppine
- 30 ml (2 tbsp) olive oil

Garlic Basil Sauce:

- 30 ml (2 tbsp) butter
- 6 to 8 cloves garlic, sliced
- 6 fresh basil leaves
- 15 ml (1 tbsp) fresh lemon juice

Seeking sustainability — in space

Space mining.

Harvesting minerals and other substances from near-Earth asteroids a new possibility

BEN KNIGHT

life@metronews.ca

It's a fact of life in the space age. As vital resources become depleted on Earth, an infinite, inexhaustible treasure trove awaits us — from beyond.

Space mining, the harvesting of minerals and other substances from near-Earth asteroids, has traditionally been the realm of science fiction. But now, an innovative company of opportunists is actually trying to make this happen.

"Everything is science fiction, right up to the point where it's science fact," says Chris Lewicki, president and chief engineer of Planetary Resources. "Our approach is to keep our eye on the goal of space resources, and the develop-



Asteroids contain huge amounts of iron and water, as well as valuable rare metals like platinum. ISTOCK PHOTO

ment of an economy off the planet. There are a number of things that really have only coalesced in the last few years that I think make this a great time to be considering this challenge."

Fuelling this is the discovery of literally thou-

sands of near-Earth asteroids in the past decade. These space-borne hunks contain huge amounts of iron and water, as well as valuable rare metals such as platinum.

"These asteroids have only a very slight amount of

gravity," Lewicki explains. "You don't really orbit them as much as you dock with them — like a space craft visiting the International Space Station. The ability to leave that asteroid also doesn't take much energy."

Space exploration re-

quires metal and water in abundance. But they're heavy, and it costs tens of thousands of dollars to lift even one pound of material from Earth into space.

The short-term goal of asteroid mining is to reach for the stars with

By the numbers

1,500

The number of mineral-rich asteroids close to Earth that spacecraft can reach using less energy than a trip to the moon.

materials that are already out there.

"We can take something as basic as water, and turn it into rocket fuel. And the ability to refuel in space will be critically important for travelling around the solar system. And the iron you find in space is so pure, it has many of the properties of stainless steel."

This is a whole new level of sustainability — a long-term future built without relying on Earth-bound resources.

"We're looking to make space exploration common place," Lewicki says. "We'll end up with a prospecting spacecraft in Earth's orbit — maybe as soon as five years from now."

FOR MORE INFO: PLANETARYRESOURCES.COM



Benefits of green roofs include lower cooling costs and minimizing rain-water runoff ISTOCK PHOTO

Raising the roof: What green top would best suit your household?



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What are some green roofing options?
Shannon of Calgary

First, dispose of the old roofing materials. I'm guessing you have asphalt shingles.

In Canada, about 1.25 million tonnes of asphalt-based roofing materials are discarded each year. But asphalt shingles are recyclable. Before you hire a roofing contractor, ask if your old shingles will be recycled. For smaller do-it-yourself jobs, look for a construction waste recycling depot near you.

Benefits of metal roofs:

- Recyclable and often made with recycled content (steel and aluminum)
- Highly durable, up to 100 years but the screws will only last 25 years
- Can be installed over asphalt shingles
- Reflect more energy = lower cooling costs in summer
- Ideal for water collection; i.e., rain barrels

Avoid copper roofs, which take a lot of energy to make and create pollution. Also avoid zinc to treat rust; instead, request a powder coating. Finally, ensure your aluminum roof has a baked-on resin that meets national drinking water standards to avoid contaminating runoff.

Benefits of recycled rubber roofs:

- They're often made from old tires!
- Very durable (50 years)

The biggest problems are

off-gassing, contamination of rainwater and heat absorption from the black colour (increasing your cooling bill in summer).

Benefits of green roofs (plants growing over a waterproof membrane):

- Lower cooling costs by 50 to 90 per cent
- Minimize rainwater runoff
- Act as a carbon sink
- Reduce the urban heat island effect (cities regularly reach higher temperatures than the surrounding landscape because of the extra solar energy they absorb)

Today, this is cost prohibitive for most homeowners — starting at \$18 a square foot. However, they are becoming more popular on commercial buildings with flat roofs due to their insulating properties, durability, stormwater mitigation and more.

The houses that Elio built

Giving something back.

Generous entrepreneur one day decided to use wealth to aid those stricken by poverty



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Elio Madonia was strolling with his wife while on vacation in the Dominican Republic when he turned down the wrong street and walked into a poverty-stricken neighbourhood.

Elio gives his two cents

“We work a lifetime to acquire wealth. Then we look back and say, ‘Is this all there is to life?’” All this experience, talent, skill and knowledge is now wasted on the golf courses of the world.”

Elio Madonia



Elio Madonia, seen here on the far left, presents a house to a family in need along with a group of donors who helped to build it.

“I pointed my finger at God saying, ‘Why do you allow this to happen?’ At one point I heard a voice speaking to me. ‘If you are really concerned, why don’t you do something for them?’”

Elio was a pillar of the Italian community in Toronto and had recently sold his interest in several beverage companies.

He was also newly retired. The mayor of the

town donated a piece of land and Elio went to work, building 25 new homes for the families he had met. That was in 1990.

Today, Madonia and The Samaritan Group have built

and donated 10 villages filled with 1,200 homes, six schools, five medical centres and 12 churches.

“We work a lifetime to acquire wealth. Then we look back and say, ‘Is this

Guide to life

Elio’s personal mottos:

- Put God first at all times and in all things. You will discover that this is true wisdom.
- Let love motivate everything you do.
- In all relationships follow the golden rule: As you would like others to do to you, do likewise to them.
- In all dealings let fairness prevail.
- At all times protect your good name (reputation) for it is worth more than gold.

Visit: thesamaritanfoundationdr.com

all there is to life? All this experience, talent, skill and knowledge is now wasted on the golf courses of the world.

“Help those in need and leave a legacy that will influence the world.”



Give a little and you may just get a lot back in return. ISTOCK

Become employable by fall

Get off the couch!
Make this summer count and employers may just give your resumé a second look

School’s out and finally you can catch up on all your favourite soaps, take long naps throughout the day, and read up on the latest celebrity gossip.

It sounds like a great plan and is definitely deserved, but you may want to look into activities that will boost your chances of securing a job this fall. Make the most of the summer with these suggestions.

Participate in a new activity
Interesting facts about yourself on your resumé will make you stand apart from the crowd and can provide some friendly banter in the midst of

an intense job interview.

Find a mentor.

Get in touch with a professor, relative, or friend who is working in a field that you’re interested in. Then ask lots of questions about their career journey to learn how they got to where they are. It will inspire you to take steps in the right direction.

Make a difference.

Think outside the box and see

if there is a way to use your skills to help others. Are you good at directions? Volunteer to drive and deliver meals to seniors and shut-ins. Are you great at planning events? Host a fundraiser for a cause you’re passionate about. Though volunteering may not contribute to your sports car fund, it will pay off in the long run as employers look fondly on individuals who show initiative and work hard.

NEWS CANADA

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Lunch time? Better to skip break room and skip to the loo

Germ. 'High degree of contamination' found on 75 per cent of faucets in the rooms where workers go to take a breather

CASSANDRA GARRISON
Metro World News

Hold on to your lunches and get ready for some nauseating news — a study that looked at germ counts in communal office break rooms found that the popular sites of co-worker lunch hours are actually filthier than the average toilet seat.

The research was conducted by Kimberly-Clark Corporation, a company that manufactures cleaning and disinfectant products, and consulted on by University of Arizona microbiologist Charles Gerba, according to Health Day News.

Researchers collected more than 5,000 swabs from office break rooms and their findings will make your skin crawl: 75 per cent of break room faucets, 48 per cent of microwave



Do germs spread faster than gossip in your office? ISTOCK

handles, 26 per cent of refrigerator handles, 23 per cent of water fountain buttons and 21 percent of vending machine buttons have "high degree of contamination." That makes the break room the dirtiest hot spot that workers touch all day.

The study didn't specify on the what types of germs were found in break rooms, but in Gerba's earlier work studying office desk tops, he found germs like diarrhea-causing norovirus, parainfluenza, and drug-resistant staph (MRSA). "The two things you spread in a break room are office gossip and germs," Gerba said.

How do these germs keep finding their way into the break room? Through common, everyday occurrences that you probably don't think twice about, like using a dirty sponge to wipe out your coffee cup. "You're really wiping your mug with E. coli," Gerba said.

Another way office employees spread germs is by greeting each other, a common activity when bumping into one another in the break room. "You'd be better off kissing each other than shaking hands," Gerba said, noting that our palms are loaded with germs that can make us sick.

'Dr. Germ'

Desks are dirty, too

Professor Charles Gerba of the University of Arizona's Department of Soil, Water and Environmental Science is a fellow lucky enough to be nicknamed Dr. Germ. His studies of germs in the workplace have shown that the average office desktop has 400 times more bacteria than the office toilet seat.

Gerba's researchers found that a person can leave a nasty trail of viruses on every surface he or she touches — and viruses can live on surfaces for up to three days. They also noted that people who reported cleaning with a disinfectant had 25 per cent fewer bacteria in their offices than those who didn't. This prompted Dr. Germ to recommend using disinfecting wipes daily on surfaces in the office. **NEW CANADA**

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NHL

Bruins goalie taking year off

Boston Bruins goaltender Tim Thomas says he'll sit out next season.

"At the age of 38, I believe it is time to put my time and energies into those areas and relationships that I have neglected," Thomas said on his Face-



Boston Bruins goalie Tim Thomas
WINSLOW TOWNSON/THE ASSOCIATED PRESS

book page Sunday.
THE ASSOCIATED PRESS

Soccer

Canada holds U.S. to a draw in friendly

Facing CONCACAF powerhouse United States in a friendly at BMO Field Sunday night, the Canadians adopted a defence-first stance to keep a clean sheet in a 0-0 draw before 15,247 fans.

TORSTAR NEWS SERVICE

Golf

Woods matches Nicklaus for wins

Tiger Woods picked the right place to match Jack Nicklaus for career PGA Tour wins, and with a shot that even left Nicklaus amazed.

Two shots behind with three holes to play, and his ball in an impossible spot

behind the 16th green, Woods holed a flop shot from 50 feet away that turned bogey into birdie and sent him on his way to a stunning comeback Sunday in the Memorial.

It was his fifth win at Muirfield Village, and the 73rd of his PGA Tour career to match Nicklaus at No. 2 all-time. Sam Snead won a record 82 times.

THE ASSOCIATED PRESS

Doughty living his dream with the Kings

NHL. Ontario native has been key in Los Angeles' 14-2 record on run to Stanley Cup

The seed was planted in Drew Doughty's mind long before he got this close to the summit.

As a kid who grew up worshipping the Los Angeles Kings, the slick defenceman always envisioned himself helping lead the organization to a Stanley Cup.

"Before I was even drafted I had a ton of meetings with the L.A. Kings staff," Doughty recalled Sunday at the Kings practice facility. "Every single one of those meetings, Dean always brought it up to me: 'Are you going to be that guy to help us win that first Stanley Cup in franchise history?' My answer was always 'Yes.'"

The Kings are oh-so-close to making it a reality.

With a pair of 2-1 overtime victories over the New Jersey Devils to open the championship series, Los Angeles flew back across the continent with an opportunity to wrap it up at Staples Center. This is bordering on fantasyland stuff for Doughty, who grew up in

London as a Kings fanatic and owned small black-and-silver replica sweaters bearing the names "Gretzky" and "Hrudey."

Those two men were key players in the Kings' only other previous trip to the Stanley Cup final, which ended with a five-game loss to Montreal in 1993.

The current group has gone further than any team in the franchise's 44-year history. Doughty's contributions have been impossible to ignore throughout the playoffs and he's taken it to another level at the most important time — logging a team-high 32 minutes of ice time in Game 2 and scoring a highlight-reel goal to boot.

These are exciting times for a Kings team that has steamrolled its competition and only dropped two games since the regular season ended in early April. It would take an upset of historic proportions for New Jersey to win the series.

Of the last six Stanley Cup finals that began with the road team winning the opening two games, five ended in sweeps. The other was over in five games.

"We really believe we can win a game tomorrow night," Devils coach Peter DeBoer said. "If we do, it's a different series."

THE CANADIAN PRESS



Drew Doughty celebrates after scoring a goal during Game 2 Saturday in Newark, N.J. JIM MCISAAC/GETTY IMAGES

Jays' rookie Drew Hutchinson wins again



Scott Podsednik, right, steals second base as Yunel Escobar covers the bag Sunday in Toronto. AARON VINCENT ELKAIM/THE CANADIAN PRESS

Blue Jays slugger Jose Bautista gave Toronto starter Drew Hutchison an early lead by blasting a three-run homer in the first inning.

It was more than enough support for the rookie right-hander, who held the Boston Red Sox to five hits over seven innings as Toronto avoided a sweep with a 5-1 victory Sunday afternoon at Rogers Centre.

"Hutch continues to mature right in front of our eyes," said Blue Jays manager John Farrell. "Staked to a five-run lead, he kept going out and putting up zeroes and keeping the momentum on our side."

The Blue Jays added two

Solid outing

Hutchison (5-2), allowed one earned run, walked one and struck out five. It was his fourth win in five games and lowered his earned-run average to 4.35.

more runs in the second inning to chase Daniel Bard.

Toronto (28-26) ended a two-game skid with the victory and moved into a tie with fourth-place Boston (28-26). Both clubs are three games behind the first-place Tampa Bay Rays in the tight American League East.

"Once again I was able to find my arm slot and get into a good rhythm out there," Hutchison said. "The offence did a great job putting numbers on the board early. I just stayed with (catcher) J.P. (Arenchibia) really and the defence was playing great so it was another good outing."

Bautista connected on a 3-2 pitch for his 14th homer of the season.

"When he stays with a consistent approach and he has an understanding of what the strike zone is going to be, he's one of the most feared hitters in baseball," Farrell said.

THE CANADIAN PRESS

4

SPORTS

Belmont Stakes

"It's all about the horse. As long as the horse is going great, we're all doing good. If he was battling and then I was getting a lot of stuff from other areas, it would be difficult. As long as he's doing good, everything else is just talk."

Doug O'Neill, the trainer of Canadian-owned I'll Have Another, is learning just how difficult it is to avoid all the roadblocks as he prepares his Kentucky Derby and Preakness winner for a chance to become the first Triple Crown champion in 34 years. The 44-year-old trainer shrugs off — at least publicly — the criticism thrown his way for numerous drug and medication violations, including a 45-day suspension issued last week in California. But ever since the colt was put on a van to New York, there have been a number of bumps on the road to the Belmont Stakes, such as a traffic jam on the New Jersey Turnpike. I'll Have Another will not be able to wear the nasal strip he wore when he won the Derby and Preakness. The horse also went without regular exercise rider Jonny Garcia until a week ago because of visa issues.

THE CANADIAN PRESS

On the web



Playoff beards are still in, though facial hair is all over the map at this Stanley Cup. Scan the code to find out which player in the final is king of the growth and who is opting for a clean-shaven look.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	31	23	.574	—
Baltimore	30	24	.556	1
New York	29	24	.547	1½
Boston	28	26	.519	3
Toronto	28	26	.519	3

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	31	23	.574	—
Cleveland	28	25	.528	2½
Detroit	25	29	.463	6
Kansas City	23	29	.442	7½
Minnesota	20	33	.377	10½

WEST DIVISION

	W	L	Pct	GB
Texas	32	22	.593	—
Los Angeles	28	27	.509	4½
Seattle	24	32	.429	9
Oakland	23	31	.426	9

Yesterday's results

Toronto 5 Boston 1

Chicago White Sox 4 Seattle 2

Kansas City 2 Oakland 0

Minnesota 6 Cleveland 3

N.Y. Yankees 5 Detroit 1

Tampa Bay 8 Baltimore 4

Texas 7 L.A. Angels 3

Saturday's results

Boston 7 Toronto 4

Baltimore 2 Tampa Bay 1

Detroit 4 N.Y. Yankees 3

L.A. Angels 3 Texas 2

Minnesota 7 Cleveland 4

Oakland 9 Kansas City 3

Seattle 10 Chicago White Sox 8 (12 innings)

Tonight's games — All Times Eastern

Minnesota (De Vries 0-1) at Kansas City (W.Smith 1-1), 8:10 p.m.

Seattle (Vargas 6-4) at L.A. Angels (E.Santana 2-6), 10:05 p.m.

Texas (Feldman 0-3) at Oakland (J.Parker 1-2), 10:05 p.m.

Tomorrow's games

Cleveland at Detroit, 7:05 p.m.

Tampa Bay at N.Y. Yankees, 7:05 p.m.

Baltimore at Boston, 7:10 p.m.

Minnesota at Kansas City, 8:10 p.m.

Toronto at Chicago White Sox, 8:10 p.m.

Seattle at L.A. Angels, 10:05 p.m.

Texas at Oakland, 10:05 p.m.

NBA PLAYOFFS

CONFERENCE FINALS

(Best of 7)

EASTERN CONFERENCE

MIAMI (2) VS. BOSTON (4)

(Miami leads series 2-1)

Last night's result

Miami at Boston

Friday's result

Boston 101 Miami 91

Tomorrow's game

Boston at Miami, 8:30 p.m.

Thursday's game

x-Miami at Boston, 8:30 p.m.

Saturday, June 9

x-Boston at Miami, 8:30 p.m.

WESTERN CONFERENCE

SAN ANTONIO (1) VS. OKLAHOMA CITY (2)

(Series tied 2-2)

Saturday's result

Oklahoma City 109 San Antonio 103

Tonight's game

Oklahoma City at San Antonio, 9 p.m.

Wednesday's game

San Antonio at Oklahoma City, 9 p.m.

Friday, June 8

x-Oklahoma City at San Antonio, 9 p.m.

x — played only if necessary.

NHL PLAYOFFS

STANLEY CUP FINAL

(Best of 7)

NEW JERSEY (E6) VS.LOS ANGELES (W8)

(Los Angeles leads series 2-0)

Saturday's result

Los Angeles 2 New Jersey 1 (OT)

Tonight's game — All Times Eastern

New Jersey at Los Angeles, 8 p.m.

Wednesday's game

New Jersey at Los Angeles, 8 p.m.

Saturday, June 9

x-Los Angeles at New Jersey, 8 p.m.

Monday, June 11

x-New Jersey at Los Angeles, 8 p.m.

Wednesday, June 13

x-Los Angeles at New Jersey, 8 p.m.

x — played only if necessary.

SATURDAY

KINGS 2, DEVILS 1 (OT)

First Period

1. Los Angeles, Doughty 3, 7:49

Penalties — Greene LA (cross-checking) 2:54, Mitchell LA (cross-checking) 7:56.

Second Period — No Scoring.

Penalties — A.Greene NJ (tripping) 9:29, King LA (high-sticking) 13:38.

Third Period

2. New Jersey, R.Carter 5 (Zidlicky, Bernier) 2:59

Penalties — Zubrus NJ (interference) 16:55, Doughty LA (hooking) 17:46.

Overtime

3. Los Angeles, J.Carter 5 (Penner, Martinez) 13:42

Penalties — None.

Shots on goal by

Los Angeles 6 9 6 11—32

New Jersey 11 9 10 3—33

Goal — Los Angeles: Quick (W,14-2); New Jersey: Brodeur (L,12-7). Power plays (goals-chances) — Los Angeles: 0-2; New Jersey: 0-4.

Referees — Dan O'Rourke, Chris Rooney.

Linesmen — Jean Morin, Pierre Racicot

Attendance — 17,625 (17,625) at Newark, N.J.

SCORING LEADERS

	G	A	PT
Kovalchuk, NJ	7	11	18
Giroux, Pha	8	9	17
D.Brown, LA	7	9	16
Kopitar, LA	7	9	16
B.Richards, NYR	6	9	15
Parise, NJ	7	7	14
Briere, Pha	8	5	13
Zajac, NJ	7	5	12
Doughty, LA	3	9	12
Girardi, NYR	3	9	12
J.Williams, LA	2	10	12
Gaborik, NYR	5	6	11
M.Richards, LA	4	7	11
Clarkson, NJ	3	8	11
Henrique, NJ	3	8	11
Penner, LA	3	8	11
Salvador, NJ	3	8	11
Callahan, NYR	6	4	10
J.Carter, LA	5	5	10
McDonald, StL	5	5	10
Vermette, Phx	5	5	10
Anisimov, NYR	3	7	10
Del Zotto, NYR	2	8	10
Voracek, Pha	2	8	10
J.Staal, Phx	6	3	9
Doan, Phx	5	4	9
Ovechkin, Wash	5	4	9
B.Schenn, Pha	3	6	9
Stapan, NYR	1	8	9
Yandle, Phx	1	8	9
Zidlicky, NJ	1	8	9
Boedker, Phx	4	4	8
Crosby, Phg	3	5	8
Hartnell, Pha	3	5	8
Malikin, Phg	3	5	8

GOLF

PGA THE MEMORIAL

At Dublin, Ohio

Par 72

Final Round

Tiger Woods, \$1,116,000 70-69-73-67—279

Andres Romero, \$545,600 69-73-72-67—281

Rory Sabbatini, \$545,600 69-69-71-72—281

Spencer Levin, \$272,800 67-72-69-75—283

Daniel Summerhays, \$272,800 69-71-74-69—283

Jonathan Byrd, \$215,450 71-70-72-71—284

Matt Every, \$215,450 69-75-71-69—284

Justin Rose, \$192,200 73-72-71-69—285

Aaron Baddeley, \$167,400 69-72-73-72—286

Ryo Ishikawa, \$167,400 72-70-71-73—286

Greg Owen, \$167,400 72-71-76-67—286

Luke Donald, \$142,600 71-73-75-68—287

J.B. Holmes, \$119,867 72-75-74-67—288

Bo Van Pelt, \$119,867 73-69-75-71—288

Jim Furyk, \$119,867 72-68-75-73—288

Davis Love III, \$99,200 74-72-71-73—289

Vijay Singh, \$99,200 72-73-69-75—289

Kevin Stadler, \$99,200 72-73-71-73—289

Blake Adams, \$72,540 69-77-71-73—290

K.J. Choi, \$72,540 74-71-77-68—290

John Huh, \$72,540 71-74-76-69—290

Dustin Johnson, \$72,540 71-71-73-75—290

Hunter Mahan, \$72,540 72-73-77-68—290

Charl Schwartzel, \$72,540 73-72-73-72—290

Ricky Barnes, \$40,777 72-72-76-71—291

Brian Davis, \$40,777 73-72-74-72—291

Brandon Grace, \$40,777 74-72-75-70—291

Chris Kirk, \$40,777 75-70-75-71—291

Stewart Cink, \$40,777 71-73-73-74—291

Nicolas Colsearts, \$40,777 72-74-73-72—291

David Hearn, \$40,777 70-75-70-76—291

Trevor Immelman, \$40,777 71-70-75-75—291

David Mathis, \$40,777 71-71-74-75—291

Pat Perez, \$40,777 74-73-72-72—291

Kyle Reifers, \$40,777 71-70-73-77—291

Scott Stallings, \$40,777 66-73-75-77—291

Cameron Tringale, \$40,777 72-74-73-72—291

LPGA CLASSIC

At Gallaway, N.J.

Par 71

Final Round

Stacy Lewis, \$225,000 65-65-71—201

Katherine Hull, \$134,854 71-66-68—205

Mika Miyazato, \$86,752 65-73-68—206

Azahara Munoz, \$86,752 69-68-69—206

Lexi Thompson, \$50,821 69-71-67—207

Hee-Won Han, \$50,821 71-67-69—207

Anna Nordqvist, \$50,821 69-67-71—207

Alison Walshe, \$34,701 73-66-69—208

Paula Creamer, \$34,701 67-70-71—208

Eun-Hee Ji, \$28,794 70-71-68—209

Ai Miyazato, \$28,794 70-69-70—209

Jenny Shin, \$22,272 73-68-69—210

Sophie Gustafson, \$22,272 71-69-70—210

Na Yeon Choi, \$22,272 70-69-71—210

Karinne Icher, \$22,272 71-68-71—210

Amy Yang, \$22,272 74-65-71—210

Yani Tseng, \$22,272 71-67-72—210

Also

Maude-Aimee Leblanc, \$9,920 68-75-71—214

Lorie Kane, \$9,920 73-69-72—214

Alena Sharp, \$2,843 75-71-74—220

CHAMPIONS PRINCIPAL CHARITY CLASSIC

At Des Moines, Iowa

Par 71

Final Round

Jay Haas, \$262,500 66-65-66—197

Larry Mize, \$140,000 66-68-68—202

Kirk Triplett, \$140,000 67-73-62—202

Fred Funk, \$93,625 70-67-66—203

Tom Lehman, \$93,625 68-67-68—203

Andrew Magee, \$70,000 68-68-68—204

David Eger, \$56,000 69-71-65—205

Jeff Freeman, \$56,000 68-67-67—205

Kenny Perry, \$56,000 68-69-68—205

Mark Calavecchia, \$40,250 68-72-66—206

Also

Rod Spittle, \$18,929 68-70-71—209

Jim Rutledge, \$13,230 69-74-68—211

AUTO RACING

NASCAR SPRINT CUP FEDEX 400

At Dover, Del.

Yesterday's results

(starting position in parentheses)

1. (2) Jimmie Johnson, Chevrolet, 400 laps, 149.8 rating, 48 points, US\$319,411; 2. (6) Kevin Harvick, Chevrolet, 400, 114.6, 42, \$250,001; 3. (5) Matt Kenseth, Ford, 400, 118.7, 37, \$201,601; 4. (17) Dale Earnhardt Jr., Chevrolet, 400, 107, 41, \$142,340; 5. (4) Clint Bowyer, Toyota, 400, 108.4, 39, \$147,904; 6. (12) Aric Almirola, Ford, 400, 94.8, 38, \$148,426; 7. (18) Martin Truex Jr., Toyota, 400, 93.1, 37, \$140,204; 8. (11) Joey Logano, Toyota, 400, 95.1, 36, \$115,465; 9. (13) Kasey Kahne, Chevrolet, 400, 94.5, 35, \$110,015; 10. (21) Marcos Ambrose, Ford, 400, 79.7, 34, \$128,598. 11. (7) Greg Biffle, Ford, 400, 87.9, 33, \$106,205; 12. (16) Brad Keselowski, Dodge, 400, 84.7, 32, \$132,525; 13. (14) Jeff Gordon, Chevrolet, 400, 117.9, 32, \$139,591; 14. (1) Mark Martin, Toyota, 400, 108, 31, \$101,480; 15. (3) Ryan Newman, Chevrolet, 400, 80.8, 29, \$135,613; 16. (23) AJ Allmendinger, Dodge, 400, 75, 28, \$134,280; 17. (20) Paul Menard, Chevrolet, 400, 70.7, 27, \$100,805; 18. (10) Denny Hamlin, Toyota, 400, 78, 27, \$133,121; 19. (24) Jamie McMurray, Chevrolet, 400, 70, 25, \$122,138; 20. (22) Bobby Labonte, Toyota, 399, 62.8, 24, \$117,788. 21. (28) David Ragan, Ford, 398, 63.2, 24, \$105,938; 22. (15) Jeff Burton, Chevrolet, engine, 364, 76.1, 22, \$127,905; 23. (42) Travis Kvapil, Toyota, 348, 48, 21, \$115,738; 24. (9) Kurt Busch, Chevrolet, engine, 338, 61.6, 20, \$107,588; 25. (29) Tony Stewart, Chevrolet, 331, 41.7, 19, \$137,705; 26. (19) Carl Edwards, Ford, 318, 80.3, 18, \$129,846; 27. (26) Regan Smith, Chevrolet, 306, 43.8, 17, \$103,702; 28. (31) Juan Pablo Montoya, Chevrolet, 296, 40, 16, \$115,496; 29. (8) Kyle Busch, Toyota, engine, 202, 87.3, 15, \$129,563; 30. (38) Reed Sorenson, Ford, accident, 124, 34.7, 0, \$94,705.

RACE STATISTICS

Time of Race: Three hours, 15 min., 23 sec.

Winner's Average Speed: 122.835 m.p.h.

Margin of Victory: 2.550 seconds.

Caution Flags: Seven for 32 laps.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	15	8	4	3	28	19	27
New York	13	8	3	2	26	18	26
Kansas City	12	8	3	1	17	10	25
Columbus	12	5	4	3	13	13	18
Chicago	13	5	5	3	15	17	18
Houston	11	4	3	4	12	12	16
New England	13	5	7	1	18	18	16
Montreal	13	3	7	3	15	21	12
Philadelphia	11	2	7	2	8	14	8
Toronto	10	1	9	0	8	21	3

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Real Salt Lake	14	9	3	2	22	14	29
San Jose	14	8	3	3	27	17	27
Seattle	13	7	3	3	16	9	24
Vancouver	12	5	3	4	13	14	19
Colorado	13	6	6	1	20	18	19
Chivas USA	13	4	6	3	9	14	15
Portland	12	3	5	4	12	13	13
Dallas	15	3	8	4	15	24	13
Los Angeles	13	3	8	2	15	21	11

Saturday's result

New England 2 Chicago 0

Sunday, June 10

Houston at Vancouver, 7 p.m.

FRIENDLIES

Last night's result

At Toronto

U.S. vs. Canada

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Top-seeded Djokovic shaky in French Open victory



Novak Djokovic of Serbia returns in his fourth-round match against Andreas Seppi of Italy at the French Open on Sunday. BERNAT ARMANGUE/THE ASSOCIATED PRESS

Rally. Top-seeded man survives scare to come back from two sets down

Novak Djokovic won even though he felt like nothing was working. A much less-known player named David Goffin lost, but he walked out of Roland Garros feeling like the luckiest guy in the world. It was a strange, grey Sunday at the French Open that didn't always fit the script — and even included an early exit by the top-seeded woman, Victoria Azarenka. The top-seeded man, Djokovic, punctuated the

weirdness, in need of his third career comeback from two sets down to post a fourth-round victory over 22nd-seeded Andreas Seppi of Italy, 4-6, 6-7 (5), 6-3, 7-5, 6-3. "Today, I played a very poor match," Djokovic said. Goffin, in the draw as a "lucky loser" after falling in qualifying, found himself with a one-set lead against none other than his childhood favourite, Roger Federer, before falling 5-7, 7-5, 6-2, 6-4. At the end, the 21-year-old got a hug from the 16-time major champion that left him smiling. "I've had an extraordinary week," he said. "I went through the quallies with a

bit of luck. Then I played my best tennis. I played three great matches. The icing on the cake was to play here with Roger." Other than the fact that he grinded it out and won, and that his hopes of winning his fourth straight Grand Slam tournament — the "Novak Slam" — are still alive, Djokovic conceded there wasn't much to build on from this win, his 25th straight in the majors. "I'm not worried," he said. "I'm just hoping that I can wake up tomorrow morning knowing that I'm in the quarter-finals. Forget this match today. Take the best out of it, which is that I'm proud I've

Daniel Nestor

Canadian Daniel Nestor and Belarussian partner Max Mirnyi reached the quarter-finals of the French Open on Sunday with a 6-2, 6-4 defeat of American Scott Lipsky and Rajeev Ram.

- The 39-year-old from Toronto will play in the semifinals against Australian Matthew Ebden and American partner Ryan Harrison.

been fighting, coming from two sets down." THE ASSOCIATED PRESS

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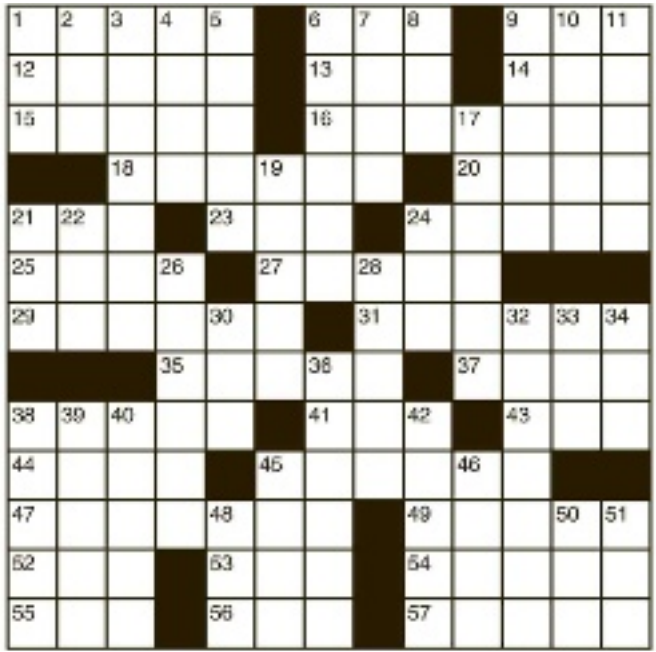
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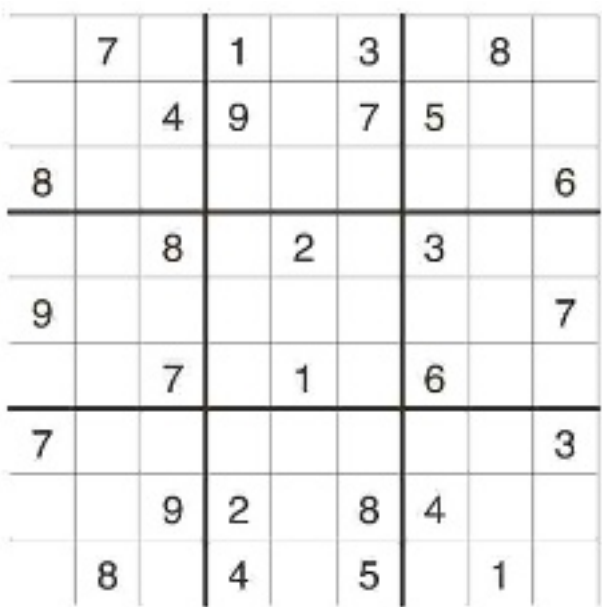
Crossword

- Across**
1 Azure gem
6 Gear tooth
9 Jungfrau, e.g.
12 Skip a phoneme
13 Rd.
14 Earl Grey, e.g.
15 "Bananas" director
16 Fireplace tool
18 Sailor of India
20 Send forth
21 Past
23 Many millennia
24 Talkative
25 Layers
27 Founded
29 Acceptable
31 A little lower?
35 Giraffe's cousin
37 Memorandum
38 Kitchen fixture
41 E.T.'s carrier
43 Felon's flight
44 Desire
45 Wily
47 Hangman's structure
49 Became immobile
52 Expert
53 Water (Fr.)
54 Newsman Newman
55 Roulette bet
56 Catcher's place
- 57 Oxidizes
Down
1 Meadow
2 Every last crumb
3 Cushions
4 Concept
5 Logic
6 Poolside shelter
7 Finished
8 Toothpaste type
9 Fermi's bits
10 Clark's companion
11 Meat pie
17 Prelude
19 Charmed slitherer
21 Deluge refuge
22 Sticky stuff
24 "Holy cow!"
26 Sandbox toy
28 Work hours
30 — out a living
32 Ensues
33 Greek vowel
34 Sleep phenom
36 Chase
38 Fructose, for one
39 Vestige
40 Looked slyly
42 Bid
45 Vacationing
46 Language of Pakistan



48 "— the ramparts ..."
50 Pimple
51 Type measures

Sudoku



How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's Sudoku

3	4	5	7	8	1	6	9	2
8	2	6	6	3	5	4	1	7
1	6	7	4	2	9	8	5	3
6	5	2	1	9	4	3	7	8
7	3	9	8	5	2	1	6	4
4	8	1	3	7	8	9	2	5
2	7	4	5	1	8	5	3	6
8	1	3	5	6	7	2	4	9
5	9	6	2	4	3	7	8	1

Weekend's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

IWOOTICEH ITOZUET ICPPI
QUR GUZZCSR ICEHSZ RTE
TZ OQCP, IQS'R KS
EUGSR KSFSZPM SFSZPM
Yesterday's Cryptoquip: WHEN THE FEUDAL
BONDMAN GOT OUT OF BED, HIS FELLOW
VASSALS MIGHT'VE PROCLAIMED "SERF'S UP!"
Today's Cryptoquip Clue: R equals D



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today
16°/9°
Variable

Tuesday
19°/10°
Variable

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Horoscope

♈ Aries | March 21 - April 20.
Someone is about to find out just how much you dislike being taken advantage of.
♉ Taurus | April 21 - May 21.
Trust your own abilities, and trust that fate is still on your side.
♊ Gemini | May 22 - June 20.
Someone you live or work with seems to be under the impression that each time they do something wrong you will forgive them. It may have been true in the past but it's not true today.
♋ Cancer | June 21 - July 22.
Keep tasks to a minimum today and think before you act. Or don't act at all.
♌ Leo | July 23 - Aug. 22. Before you make that purchase ask yourself if you really need it.

♍ Virgo | Aug. 23 - Sept. 22.
The planets suggest that little things will be more important than big things today, so focus on the kind of details that others tend to overlook. On the home front especially your keen eye will spot danger quickly.
♎ Libra | Sept. 23 - Oct. 22.
Everyone makes mistakes — yes, even a Libra — so put it down to experience and get on with your life.
♏ Scorpio | Oct. 23 - Nov. 21.
How do you turn good ideas into cash? That is the problem you will need to resolve over the next few days, but you must not be rash about it.
♐ Sagittarius | Nov. 22 - Dec. 21.
Yes, it's true, someone has taken advantage of you, but seeking revenge isn't the answer. Today's

eclipse in your sign urges you to forgive those who have done you wrong. But don't forget or they may do it again.
♑ Capricorn | Dec. 22 - Jan 20.
The message of the stars for Capricorn this week is that not even someone as driven as you can change the world on your own
♒ Aquarius | Jan. 21 - Feb 18.
You must stick with the task or project you are working on, no matter how slowly it may be progressing.
♓ Pisces | Feb. 19 - March 20.
Although you are under a lot of pressure at the moment you will find ways to deal with it. Pisces is an adaptable sign, so if one way does not seem to be working for you just try something else.
SALLY BROMPTON



Caption Contest

"Medieval Kenevil Cathedral"
Ryan
DMITRY LOVETSKY/THE ASSOCIATED PRESS

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easy

hard

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UNBEATABLE OFFERS ON ALL MAKES & MODELS

12 FOCUS TITANIUM SE
LOADED, A/C, AUTO • 33975km
st:33561 • **\$17,980** • bw:\$153***

07 MAZDA CX-7 GS
LOADED, LTHR, ROOF • 79989km
st:33780 • **\$16,730** • bw:\$183*

10 MAZDA 3
LOADED, A/C, AUTO • 50876km
st:33096-A • **\$14,380** • bw:\$122***

07 SILVERADO LS 4X4
LOADED, A/C, AUTO • 56869km
st:33585 • **\$17,960** • bw:\$197*

07 TUCSON GLS
LOADED, A/C, AUTO • 96154km
st:33885 • **\$10,650** • bw:\$117*

10 HONDA INSIGHT HYBRID
LOADED, A/C, AUTO • 53737km
st:31958-A • **\$17,800** • bw:\$151***

11 IMPALA LS
LOADED, A/C • 51554km
st:33008 • **\$14,850** • bw:\$126***

08 NISSAN VERSA
LOADED, A/C • 98329km
st:33927 • **\$7,940** • bw:\$87*

11 TOWN COUNTRY
STOW-N-GO, NAV, LOADED • 21776km
st:33931 • **\$28,850** • bw:\$230***

07 SORENTO LX 4X4
LOADED, A/C, AUTO • 109074km
st:32813-A • **\$10,850** • bw:\$119**

08 ACURA TL
LOADED, A/C, ROOF, LTHR • 86737km
st:33977 • **\$18,670** • bw:\$205*

07 LEGACY AWD
LOADED, A/C, ROOF, AUTO • 79319km
st:28575 • **\$15,950** • bw:\$175*

08 PONTIAC VIBE
A/C, STD • 86574km
st:33272 • **\$9,640** • bw:\$105*

10 CHRYSLER 300 TOURING
LOADED, A/C • 37776km
st:32861 • **\$16,750** • bw:\$142***

08 KIA RONDO EX
LOADED, A/C, AUTO • 87121km
st:33324 • **\$9,970** • bw:\$109*

08 BMW 128i COUPE
LOADED, A/C, ROOF, LTHR • 78474km
st:33071 • **\$21,870** • bw:\$229*

07 NISSAN QUEST
LOADED, A/C, AUTO • 95995km
st:32409 • **\$13,650** • bw:\$150*

08 HONDA ACCORD
LOADED, A/C, AUTO • 107112km
st:32664-A • **\$13,750** • bw:\$151*

08 MAZDA B2300
A/C • 61594km
st:33422 • **\$10,750** • bw:\$118*

09 NISSAN ROGUE
LOADED, A/C, AUTO • 60968km
st:32613-A • **\$16,950** • bw:\$161**

08 PONTIAC TORRENT
LOADED, A/C, AUTO • 75537km
st:33159 • **\$13,380** • bw:\$147*

07 SANTA FE
LOADED, A/C, AUTO • 81806km
st:33289 • **\$13,870** • bw:\$152*

08 CHEVROLET MALIBU LT
LOADED, A/C • 31996km
st:33873 • **\$12,390** • bw:\$136*

08 MAZDA TRIBUTE
LOADED, A/C • 72450km
st:33919 • **\$10,670** • bw:\$117*

07 FORD EDGE SEL AWD
LOADED, A/C, LTHR, AUTO • 95433km
st:32926-A • **\$17,850** • bw:\$196*

07 CADILLAC CTS
LOADED, A/C, LTHR • 64065km
st:33383 • **\$16,930** • bw:\$186*

08 BMW X3 AWD
LOADED, A/C, ROOF, LTHR • 51156km
st:33285 • **\$29,650** • bw:\$310*

08 SAAB 9-3 2.0T
LOADED, ROOF, LTHR, AUTO • 90901km
st:33488 • **\$13,980** • bw:\$153*

10 TOYOTA COROLLA CE
LOADED, A/C, AUTO • 65320km
st:32948 • **\$12,950** • bw:\$110***

08 FORD FUSION SE
LOADED, A/C, ROOF • 70497km
st:33130 • **\$10,750** • bw:\$118*

08 AVEO LS
LOADED, A/C, AUTO • 56629km
st:33552 • **\$7,650** • bw:\$84*

08 FORD ESCAPE XLT
LOADED, A/C, AUTO • 93583km
st:33089 • **\$13,650** • bw:\$150*

09 FORESTER AWD
LOADED, A/C, AUTO • 113766km
st:33820 • **\$14,860** • bw:\$141**

11 SCION XD
LOADED, A/C, AUTO • 26280km
st:33854 • **\$16,970** • bw:\$144***

11 FORD FIESTA SE
LOADED, A/C, AUTO • 50713km
st:33517 • **\$13,980** • bw:\$118***

10 SUZUKI SX4 LE
LOADED, A/C, AUTO • 60387km
st:32750 • **\$11,970** • bw:\$101***

11 HYUNDAI SONATA
LOADED, A/C, MAGS, AUTO • 56556km
st:32771 • **\$17,950** • bw:\$152***

10 EQUINOX LS AWD
LOADED, A/C, AUTO • 63009km
st:33050 • **\$18,850** • bw:\$160***

08 HYUNDAI ELANTRA GL
STD • 34056km
st:33047 • **\$8,450** • bw:\$92*

11 SMART FORTWO
LOADED, PANORAMIC ROOF • 23464km
st:33682 • **\$13,670** • bw:\$116***

07 HYUNDAI ACCENT GLS
STD • 102442km
st:33670-A • **\$5,950** • bw:\$65*

08 NISSAN ALTIMA 2.5S
LOADED, A/C, AUTO • 91878km
st:33906 • **\$11,970** • bw:\$111**

10 SENTRA XTRONIC CVT
LOADED, A/C, AUTO • 81934km
st:33941 • **\$11,670** • bw:\$99***

08 DODGE NITRO R/T 4WD
LOADED, A/C • 111226km
st:12090-A • **\$13,650** • bw:\$150*

07 TRAILBLAZER 4WD
LOADED, A/C, ROOF • 79210km
st:33199 • **\$14,870** • bw:\$163*

11 DODGE AVENGER SXT
LOADED, A/C, ROOF, AUTO • 24624km
st:33540 • **\$16,850** • bw:\$143***

11 HONDA CR-Z HYBRID
LOADED, A/C, AUTO • 10017km
st:33651-A • **\$19,460** • bw:\$165***

07 VOLKSWAGEN PASSAT
LOADED, A/C, LTHR • 79395km
st:32521 • **\$13,870** • bw:\$152*

09 TOYOTA MATRIX
LOADED, A/C • 68124km
st:33622 • **\$12,960** • bw:\$123**

08 ACURA CSX
LOADED, A/C, LTHR, ROOF • 81716km
st:33762 • **\$14,970** • bw:\$164*

11 TOYOTA SIENNA LE
LOADED, A/C, AUTO • 59919km
st:33138 • **\$25,890** • bw:\$206***

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10 Sebring Touring

• COVERTIBLE,
Loaded, A/C
• st: 33209
• km: 17028

\$22,850

\$182***
Bi-weekly



10 Mustang

• COVERTIBLE,
Loaded, Lthr
• st: 33737
• km: 37399

\$24,890

\$198***
Bi-weekly



07 PT-Cruiser Coupe

• COVERTIBLE,
Loaded, A/C
• st: 33497
• km: 85621

\$11,650

\$128***
Bi-weekly



07 Saturn Sky Turbo

• COVERTIBLE,
Loaded, Lthr
• st: 33917
• km: 73757

\$17,850

\$196***
Bi-weekly



06 New Beetle

• COVERTIBLE,
Loaded, A/C
• st: 33914
• km: 65487

\$12,650

\$139***
Bi-weekly



11 Chrysler 200

• COVERTIBLE,
Loaded, A/C
• st: 33757
• km: 14903

\$24,620

\$196***
Bi-weekly



11 SUZUKI KIZASHI
LOADED, A/C, AUTO • 34328km
st:33619 • **\$16,970** • bw:\$144***

08 PRIUS HYBRID
LOADED, A/C, AUTO • 85644km
st:33937 • **\$14,970** • bw:\$164*

07 VOLKSWAGEN GOLF CITY
LOADED, A/C • 68512km
st:32278 • **\$9,950** • bw:\$109*

11 MITSUBISHI LANCER SE
LOADED, A/C, MAGS, AUTO • 29843km
st:33385 • **\$17,380** • bw:\$147***

07 MAZDA 6 S/W
LOADED, A/C, AUTO • 95746km
st:31930 • **\$11,830** • bw:\$130*

10 DODGE CHARGER
LOADED, A/C • 57663km
st:33459 • **\$15,870** • bw:\$135***

08 CHEVROLET COBALT LS
AUTO • 54483km
st:33740 • **\$8,350** • bw:\$91*

07 DODGE CALIBER
AUTO • 90012km
st:33816 • **\$7,980** • bw:\$87*

09 TOYOTA VENZA AWD
LOADED, A/C, AUTO • 22487km
st:31787 • **\$24,850** • bw:\$224**

07 CHEVROLET OPTRA 5
LOADED, A/C, ROOF • 31417km
st:32802 • **\$8,360** • bw:\$91*

08 INFINITI EX35 AWD
LOADED, A/C, ROOF, LTHR • 105315km
st:33822 • **\$21,880** • bw:\$229*

07 VOLKSWAGEN JETTA CITY
LOADED, A/C, AUTO • 64761km
st:32266 • **\$10,950** • bw:\$120*

08 JEEP COMPASS SPORT
STD • 68815km
st:32457 • **\$10,650** • bw:\$117*

07 BENZ B200 TURBO
LOADED, A/C, AUTO • 45602km
st:32643 • **\$18,870** • bw:\$207*

06 NISSAN X-TRAIL XE
LOADED, A/C, AUTO • 73849km
st:31654 • **\$10,950** • bw:\$117*

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